2015-2016
Welcome guide
2015-2016
WELCOME GUIDE
HASSELT UNIVERSITY FOR INTERNATIONAL STUDENTS
WELCOME

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LEISURE, CULTURE, NATURE

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   b) Z33
   c) Muziekodroom
   d) Kunstencentrum BELGIE
   e) Museums

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   b) Going out

3. Nature
   a) Parks
   b) Japanese Gardens
   c) Domein Bokrijk
   d) Domein Kiewit

USEFUL LINKS
Dear international student, researcher, visitor,

We are very much looking forward to welcoming you at Hasselt University.

Hasselt University is a young and dynamic institution, located in a green environment at a junction of European cultures. The Netherlands, Germany and the French speaking part of Belgium are very nearby. Hasselt itself is a cosmopolitan town with lots of exciting opportunities. It is only up to you to seize them!

The present guidebook should help you find your way at Hasselt University and Belgium in general. It includes practical information and provides answers to questions about accommodation, public transport and administrative steps. We hope that you will feel completely at home here in a very short time.

Throughout your visit, our team will be available to help you so that your stay at our university is as successful as possible, both from an academic and a personal point of view.

Good luck and enjoy your stay!

The international office
E-mail: internationaloffice@uhasselt.be
Tel: +32 11 268 176
Website: www.uhasselt.be/internationaloffice
Facebook: www.facebook.com/hasseltuniversity
USEFUL CONTACTS AT OUR UNIVERSITY

Leen Jorissen
Admission and administration international students
E-mail: leen.jorissen@uhasselt.be

Erika Vandersmissen
Admission and administration exchange students (e.g. Erasmus)
E-mail: erika.vandersmissen@uhasselt.be

Marc Thoelen
Support international students and staff
(e.g. accommodation, insurance)
E-mail: marc.thoelen@uhasselt.be
HASSELT, DIEPENBEEK AND HASSELT UNIVERSITY IN A NUTSHELL

1. Language
2. Climate
3. Hasselt
1. Language

The three official languages of Belgium are Dutch, French and German. Hasselt and Diepenbeek are located in the Dutch speaking part of the country. Belgians are proud of their language skills. Three quarters of the population speaks at least two languages. Handy, if you are coming to Belgium to study or work!

2. Climate

Belgium has a temperate climate characterized by mild winters and pleasant summers. The climate is probably not the reason why you chose to study in Hasselt, since the weather is often unpredictable. Visitors can expect a downpour any time of the year. Snow is possible, but not frequent in winter.

3. Hasselt

When you say the word Hasselt, local people immediately think of jenever and “speculaas” (a typical spiced almond biscuit). Over the past years Hasselt has grown into a hip and trendy city. Hasselt is the ideal city for those who love shopping, culinary treats and a dash of culture. In the modern cinema complex Kinepolis with 14 auditoriums, you can enjoy the latest films in ideal circumstances. For theatre, literature, contemporary dance and classical music you can visit the cultural centre of Hasselt. The Japanese garden and the nature domain Kiewit are a real treat for nature lovers.

More information: toerisme.hasselt.be/en

TIP: Waterproof clothing is useful at any time of the year
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    a) Sports card
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1. Introduction

Hasselt University is situated in the heart of Europe, within a stone’s throw of cities such as Brussels, Liège (French speaking part of Belgium), Aachen (Germany) and Maastricht (the Netherlands), while Paris and London are within a couple of hundred kilometres. There are two campuses: a green campus outside the city of Hasselt (Diepenbeek campus) and a campus right in the centre (Hasselt campus).

Hasselt University is an innovative university which has a strong international orientation. Founded in 1971, it is the youngest university in Belgium. Hasselt University stands for excellence in education, top research in leading fields and active commitment in innovation and entrepreneurship. The overall objective is to combine academic excellence with economic and social relevance. Hasselt University is ranked amongst the 8% best institutions worldwide in U-Multirank (an online tool designed with seed funding of the European Commission).

Approximately 5800 students and 1240 staff members are connected to Hasselt University. Hasselt University offers attractive undergraduate, graduate and PhD programmes in its 6 faculties (Faculty of Business Economics, Faculty of Sciences, Faculty of Medicine and Life Sciences, Faculty of Law, Faculty of Architecture and Arts and Faculty of Engineering Technology) and its School of Transportation Sciences.
2. Academic calendar 2015-2016

Please note that the academic calendar is different for every programme. You can consult all calendars on our website: www.uhasselt.be/academic-calendars. International exchange students are most likely to participate in the semester system.

Indicative calendar for the semester programmes:

<table>
<thead>
<tr>
<th>First Semester</th>
<th>Second Semester</th>
<th>Resits</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Teaching Period</strong>&lt;br&gt;From 21 September 2015 to 19 December 2015</td>
<td><strong>Teaching Period</strong>&lt;br&gt;From 8 February 2016 to 28 May 2016</td>
<td><strong>From 16 August 2016 to 6 September 2016</strong></td>
</tr>
<tr>
<td><strong>Christmas holidays</strong>&lt;br&gt;From 21 December 2015 to 3 January 2016</td>
<td><strong>Easter holidays</strong>&lt;br&gt;From 26 March 2016 to 10 April 2016</td>
<td></td>
</tr>
<tr>
<td><strong>Study/Exams</strong>&lt;br&gt;From 4 January 2016 to 30 January 2016</td>
<td><strong>Study/Exams</strong>&lt;br&gt;From 30 May 2016 to 28 June 2016</td>
<td></td>
</tr>
<tr>
<td><strong>Leave or Project</strong>&lt;br&gt;From 1 February 2016 to 7 February 2016</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Leave**

- **Monday 2 November (All Souls Day)**
- **Wednesday 11 November 2015 (Armistice Day)**
- **Friday 1 May 2016 (Labour Day)**
- **Thursday 5 May and Friday 6 May 2016 (Ascension Day)**
- **Monday 16 May 2016 (Whit Monday)**
- **Monday 11 July 2016 (Flemish Holiday)**
- **Thursday 21 July 2016 (National Holiday)**
- **Monday 15 August 2016 (the Assumption of the Virgin Mary)**

*It is very important to start attending classes in time. If you arrive at Hasselt University more than 15 days after the start of the study period, the faculty may refuse you as a student.*
3. Education and examinations regulations

The education and examinations regulations apply to all students and staff members at Hasselt University. Every year the education and examinations regulations are reviewed and approved by the Board of Governors of Hasselt University. An English translation can be found on our website:
www.uhasselt.be/study-info.

4. Departmental coordinators

If you have questions concerning your choice of subjects, exam schedules or other academic matters, please contact the following persons:

- **Faculty of Business Economics:**
  - rachel.moreau@uhasselt.be (master of management students)
  - kathy.hoffer@uhasselt.be (exchange students)
- **Faculty of Sciences:**
  - isabel.thys@uhasselt.be
- **Faculty of Medicine & Life Sciences:**
  - astrid.waterinckx@uhasselt.be
- **Faculty of Law:**
  - ingrid.vrancken@uhasselt.be
- **Faculty of Architecture and Arts:**
  - els.hannes@uhasselt.be (architecture)
  - jan.vanrie@uhasselt.be (interior design)
- **Faculty of Engineering Technology:**
  - els.wieers@uhasselt.be
- **School of Transportation Sciences:**
  - nadine.smeyers@uhasselt.be
5. Psycho-social support

Students seeking support or advice in personal, social, relational or psychological matters can contact our resident social assistant Liesbeth Huber: liesbeth.huber@uhasselt.be.

6. University restaurant

Sandwiches, drinks, sweets, full lunches and dinners are available in the university restaurants in Diepenbeek and Hasselt. Hasselt University wishes to offer students healthy and cheap meals. Therefore your meal will be subsidized if you pay for it with your student/staff/visitor card.

You can register your student/staff/visitor card on the “ping ping website” (www.uhasselt.be/en-pingping) and then you can use the photocopiers and buy lunch at Hasselt University restaurants at a reduced price.

7. Library

As a registered student or visitor you are allowed to use the library. More info: www.uhasselt.be/uhasselt-library.
8. Internet and e-mail

Upon enrolment students are automatically given a user-ID and a password. You also need those credentials to logon to Blackboard, the digital learning environment that is used by Hasselt University (direct access: https://bb.uhasselt.be).

In several places on the campuses you can find “internet corners”. Here you can quickly check your mail or look something up on the internet.

Furthermore, PC-rooms are available which can be used for individual study or group projects. Copying software and using your own software is strictly forbidden.

More detailed information can be found on our website:
www.uhasselt.be/help-studenten-en

9. The International Council and the International Platform

The International Council

The International Council is part of StuRa (the Student Council), but specifically for international students. The International Council represents the international students and takes care of the concerns the students experience during their stay in Belgium.

Feel free to join the International Council or channel your problems or concerns on: internationalcouncil@uhasselt.be

The International Platform

At Hasselt University, we welcome international students! Experiencing intercultural differences and communication are essential in the life of every student. The International Platform has been created with the objective to bring together international and Flemish students. It is a place for real life exchanges where cultural activities related to internationalization and development cooperation take place. The International Platform is open to everyone: students, staff, researchers and professors.
What does the International Platform offer? In cooperation with the International Office, the International Platform organizes a **Buddy Programme** in order to provide you a helping hand as you settle down and to make your integration at Hasselt University easier. You can request a buddy by registering on our website: [www.uhasselt.be/buddy-programme](http://www.uhasselt.be/buddy-programme).

Furthermore, the International Platform organizes a **language café** every two weeks. The language café offers the opportunity to meet people from all over the world and to improve your language skills.

Quizzes, film sessions, sport tournaments and many other activities will be organized by the International Platform during your stay at Hasselt University. Stay updated on the activities of the International Platform by following our Facebook page: [https://www.facebook.com/groups/905127669529069/?fref=ts](https://www.facebook.com/groups/905127669529069/?fref=ts)

If you need to buy objects upon your arrival (furniture, bike, kitchenware, tools…) you should join the Facebook group **Student buy/sell/donate/exchange – Hasselt**: [https://www.facebook.com/groups/488405371307229/?fref=ts](https://www.facebook.com/groups/488405371307229/?fref=ts)

The International Platform looks forward to meeting you and already wishes you a fantastic Belgian experience!

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**10. Student Unions**

**Be a member of a student union or a group !**

If you are a member of a student union, you will know all the parties automatically and you will meet plenty of people to party with. Being a member of an union will allow you to receive special student discounts at most of the parties.

**a) International student unions**

![ESN Hasselt - association for exchange students](http://esn.aeshasselt.eu/)

ESN Hasselt is one of the youngest sections of ESN Belgium though they have already been active for many years as a local organization for international students.

They promote real integration between international students visiting Hasselt and the native students. Every year the union has approximately 150 students who mainly study at Hasselt University, PXL Hogeschool or UC Leuven-Limburg. ESN Hasselt’s mission is to get students together and make your stay in Hasselt the greatest time of your life! To do so, they organize trips, parties and other activities.

Membership costs €8.00.

Activities: pub crawls, barbecue, city trips, parties,…

Website: [http://esn.aeshasselt.eu/](http://esn.aeshasselt.eu/)

Email: esn@student.uhasselt.be

Facebook: [https://www.facebook.com/esnhasselt](https://www.facebook.com/esnhasselt)
AIESEC

AIESEC is an international organization of students interested in internships and business management.


Email: an.kenens@uhasselt.be

b) Faculty student unions

**JOSS**

JOSS stands for Joint Organisation of Statistic Scholars. It’s a group that tries to facilitate living in a completely different environment. At the beginning of the academic year JOSS starts with an introduction day, and they will provide you with information about the cultural differences, give you a tour through the university campus and take you to Hasselt city. All registered students of the 3 Master of Statistics programs are automatically members of JOSS.

As a member you will receive information about the activities and the JOSS newsletter via your Hasselt University student account.

Activities: ice-skating, soccer games, bowling, jenever feasts, end-of-exams party, city trips, go-karting and the yearly barbecue.

Website: [www.uhasselt.be/UH/censtat/(12129)-Education/JOSS.html](http://www.uhasselt.be/UH/censtat/(12129)-Education/JOSS.html)

Facebook: [www.facebook.com/groups/305943376094213/?fref=ts](https://www.facebook.com/groups/305943376094213/?fref=ts)

**Biomedica**

Biomedica is the society for Biomedical Sciences students. They support new students in their studies. They also organize lots of events and activities.

Activities: Parties, trips, cultural events,…

Facebook: [www.facebook.com/pages/Biomedica/143710633150](https://www.facebook.com/pages/Biomedica/143710633150)

**DIP's**

DIP’s is the society for Chemistry and Biology students. They support new students in their studies and teach you how to act like a real student.

Website: [http://www.dips.be](http://www.dips.be)

Activities: Ice skating, cheese & wine tasting, parties,…

Facebook: [https://www.facebook.com/studentenvereniging.dips](https://www.facebook.com/studentenvereniging.dips)

**Commeatus**

Commeatus is the Society for Transportation Sciences students. They organize all kinds of recreational activities during the academic year.

Website: [http://commeatus.be/](http://commeatus.be/)

Activities: Quiz, bowling, cantus,…

Facebook: [https://www.facebook.com/commeatus.diepenbeek](https://www.facebook.com/commeatus.diepenbeek)

**Hermes**

Hermes is the Society of the faculty of Applied Economics.

Website: [http://www.hermesdiepenbeek.be/](http://www.hermesdiepenbeek.be/)

Activities: Parties, TD’s, info sessions, skiing trip, …

Facebook: [https://www.facebook.com/hermesuhasselt](https://www.facebook.com/hermesuhasselt)
**Filii Lamberti**
Filii Lamberti is the Society for students of mathematics, physics and informatics.
Website: [http://www.filii.be/](http://www.filii.be/)
Activities: Quiz, pasta night, TD's,…
Facebook: [http://www.facebook.com/filii.lamberti](http://www.facebook.com/filii.lamberti)

**Miezerik**
Miezerik is the Society of the Faculty of Medicine.
Website: [http://www.miezerik.be/](http://www.miezerik.be/)
Activities: parties, barbecue, skiing trip, …. 
Facebook: [https://www.facebook.com/miezerik](https://www.facebook.com/miezerik)

**Themis**
Themis is the Society of the Faculty of Law. They organize all kinds of events and infosessions.
Activities: Soccer competitions, parties, movie nights, ice skating, hikes, ...
Facebook: [https://www.facebook.com/Themis.UHasselt](https://www.facebook.com/Themis.UHasselt)

**Sofa**
Sofa is the Society of the Faculty of Architecture.
Website: [http://www.sofadiepenbeek.be/](http://www.sofadiepenbeek.be/)
Activities: Ice skating, pub krawls, cheese & wine tasting, …
Facebook: [https://www.facebook.com/pages/SOFA_/20618211421](https://www.facebook.com/pages/SOFA_/20618211421)

c) Non-Faculty student unions

**StuRa**
StuRa is the Official student body which represents all university students at Hasselt University and Transnational University Limburg. The International Council is a body within StuRa specifically for international students (see supra).
Website: [http://www.sturauhasselt.be/](http://www.sturauhasselt.be/)
Facebookpage: [https://www.facebook.com/sturauhasselt](https://www.facebook.com/sturauhasselt)

**CCG**
The Christian Campus Society is formed by a group of young people who want to engage in a religious inspiration and find friendship with other students on campus. Our initiatives are aimed at anyone who wants to discuss life more in depth. This year they are planning thematical and gospel conversations, a march, charity work, etc. This way you meet new friends from both Belgium and other countries. You can find them in room J5 at the Diepenbeek Campus.
Website: [http://www.ccgdiepenbeek.be/](http://www.ccgdiepenbeek.be/)
Activities: meditation, Eucharist, movie evenings,…

**Inderdaad**
Inderdaad is the Society for young people who are gay, lesbian or bisexual and their friends. They raise awareness about the LGBT-community and organize recreational, informational and sports activities.
Website: [http://www.inderdaad.be/](http://www.inderdaad.be/)
Activities: movie nights, sensitizing activities, bowling competitions, Antwerp Pride,…
Facebook: [https://www.facebook.com/inderdaadvzw](https://www.facebook.com/inderdaadvzw)
11. Sports

If you want to practice sports, there are lots of possibilities in Hasselt. ‘Studentensport Limburg’ offers an extensive selection of sports for students. There are also reductions for students if you have a sports card. An overview of the sports:

<table>
<thead>
<tr>
<th><strong>Fitlink, Agoralaan, campus Diepenbeek</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Monday</strong></td>
<td>Badminton, Body Power, Volleyball</td>
</tr>
<tr>
<td><strong>Tuesday</strong></td>
<td>Hockey, Ultimate Frisbee</td>
</tr>
<tr>
<td><strong>Wednesday</strong></td>
<td>Krav Maga/Self-defense, Body Fit, Volleyball</td>
</tr>
<tr>
<td></td>
<td>Introduction to squash</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Basic Fit, Agoralaan, campus Diepenbeek</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Monday</strong></td>
<td>Punch &amp; Kick, Tchoukball</td>
</tr>
<tr>
<td><strong>Tuesday</strong></td>
<td>Total Body Workout</td>
</tr>
<tr>
<td><strong>Wednesday</strong></td>
<td>Spinning</td>
</tr>
<tr>
<td><strong>Thursday</strong></td>
<td>Zumba</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Sporthal PXL, Vilderstraat, campus Hasselt</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Monday</strong></td>
<td>Headis</td>
</tr>
<tr>
<td><strong>Thursday</strong></td>
<td>Basketball, Hip Hop, BBB, Step aerobics, Gymnastics</td>
</tr>
<tr>
<td><strong>Wednesday</strong></td>
<td>Body Power, Zumba, Yoga / Pilates</td>
</tr>
<tr>
<td><strong>Thursday</strong></td>
<td>Kickboxing, Boothcamp, Badminton, Table Tennis, Ball and Impact sports</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Other locations</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Monday</strong></td>
<td>Wall Climbing, Olympia, Hasselt</td>
</tr>
<tr>
<td></td>
<td>Ballroom Dancing, Dansschool Libert, Torenplein, Hasselt</td>
</tr>
<tr>
<td><strong>Tuesday</strong></td>
<td>Horse riding, Katevenia, Kattevennen 15, Genk</td>
</tr>
<tr>
<td><strong>Wednesday</strong></td>
<td>Ice Hockey, De Schaverdijn, Hasselt</td>
</tr>
<tr>
<td></td>
<td>Swimming, Elfde Liniestraat, Hasselt</td>
</tr>
<tr>
<td><strong>Thursday</strong></td>
<td>Bootcamp, building D, Agora, Diepenbeek</td>
</tr>
</tbody>
</table>

**a) Sports card**

A sports card gives you access to all kinds of sports activities at reduced prices. You can have discounts on climbing, swimming, ice skating,...

You can register for your sports card in your student file (register for - sports event). The sports card costs € 20, but some mutualities offer a reimbursement on this price. The CM will repay € 15 of the sports card.

**For more information:**

Website: http://www.studentensportlimburg.be/?lang=en
Sports coordinator: Katleen De Wit (katleen.dewit@uhasselt.be)
b) Fitness
Hasselt University offers a discount for students who have a fitness personal subscription. You can have an intervention of € 75 for a personal subscription for a year.

Attention! Conditions for intervention fitness membership:

- You have a sports card.
- It has to be a subscription for a year or an academic year.
- The subscription at Basic Fit has to be a ‘campusabonnement’ (only in Diepenbeek, not in Hasselt available! In Hasselt there is no campusabonnement!).
- The subscription has to start before the 31st of March.
- You need to apply for the intervention before the 1st of April. You can find a form for intervention in your student file ‘aanvraag tussenkomst fitness’. Fill in the form and add your proof of payment, a copy of your subscription and a copy of your sports card. The intervention will be paid on the bank account mentioned in your student file. If you have a Belgian bank account, add this one to your student file.

Fitness centres in Hasselt or Diepenbeek:
Bennies Fit 4 Life Hasselt, Torenplein 9, 3500 Hasselt
Basic-Fit Hasselt, Badderijstraat 19, 3500 Hasselt
Basic-Fit Diepenbeek, Ginderoverstraat 7, 3590 Diepenbeek

b) Squash
Fitlink Diepenbeek: The fee is only € 3 per ticket with a sports card. You need to get your ticket in advance from student services or sport office (studentenvoorzieningen of sportdienst) of your campus. Make sure you bring your student and sports card to the student services (studentenvoorzieningen) and to Fitlink.
Address: Agoralaan, 3590 Diepenbeek
12. Cultural activities

*Expand your horizon, visit some historical Belgian towns!*

**BRUSSELS** is the capital of Belgium and the administrative centre of the European Union. The vibrant atmosphere of Brussels is enhanced by picturesque medieval streets, lively squares, impressive monuments, interesting restaurants and an active cultural life. The most famous attractions are the Grand Place (main square), the Atomium and the Manneken Pis statue.

**ANTWERP**, daughter of the river Scheldt, is the second largest city in Belgium. It is a splendid city with numerous architectural highlights, most of which date from the 16th and the 17th century. Antwerp is also known as the diamond centre of the World. If diamonds really are a girl’s best friend, then most of the ladies amongst you will not want to miss out on a visit to the diamond district near the railway station.

**BRUGES** is called: ‘the Venice of the north’. This splendid medieval city is one of Belgium’s crown jewels. In no other European city are the feel and the look of medieval times as present as here in this city close to the north sea. Bruges is unique, in the sense that the town authorities have done their utmost to preserve the medieval-looking aspect of the city.

**GHENT** is the fourth largest city in Belgium with around 250,000 inhabitants. It is not as big as Antwerp but bigger than Bruges. It is also less well-known to tourists than the often praised Bruges. However, for some people Ghent is the real diamond of Flanders and Belgium. In a unique way, Ghent has managed to preserve its medieval power while keeping up with modern times.

**AACHEN** is a city that lives and breathes Europe. It is practically Europe in miniature. Aachen, on the border with Belgium and the Netherlands, has encapsulated the spirit, values and ideals of Europe since the days of Charlemagne. Indeed the Charlemagne Prize for services to European unity has been awarded at Aachen’s town hall since 1950.
Hasselt University offers a varied programme of cultural activities for all foreign students.

<table>
<thead>
<tr>
<th>Timing</th>
<th>Activity</th>
<th>Location</th>
<th>Organisation</th>
</tr>
</thead>
<tbody>
<tr>
<td>September</td>
<td>Welcome BBQ</td>
<td>Diepenbeek Campus</td>
<td>ESN</td>
</tr>
<tr>
<td>10-11/09</td>
<td>Orientation days (if your programme starts on 14/09)</td>
<td>Hasselt/Diepenbeek Campus</td>
<td>International Office &amp; ESN</td>
</tr>
<tr>
<td>16-17-18/09</td>
<td>Orientation days (if your programme starts on 21/09)</td>
<td>Hasselt/Diepenbeek Campus</td>
<td>International Office &amp; ESN</td>
</tr>
<tr>
<td>21/09</td>
<td>Orientation day (Master of Statistics)</td>
<td>Diepenbeek Campus</td>
<td>International Office &amp; JOSS</td>
</tr>
<tr>
<td>October</td>
<td>Faculty bar (fakbar)</td>
<td>Hasselt</td>
<td></td>
</tr>
<tr>
<td>17/10</td>
<td>Jenever festivities</td>
<td>Hasselt</td>
<td>JOSS</td>
</tr>
<tr>
<td>24/10</td>
<td>City trip</td>
<td>Brussels</td>
<td>International Office</td>
</tr>
<tr>
<td>30/10 until 1/11</td>
<td>City Trip</td>
<td>Amsterdam</td>
<td>ESN</td>
</tr>
<tr>
<td>November</td>
<td>Proud to be fout Party</td>
<td>Diepenbeek Campus</td>
<td>ESN</td>
</tr>
<tr>
<td>05/12</td>
<td>City trip</td>
<td>Aachen</td>
<td>International Office</td>
</tr>
<tr>
<td>December</td>
<td>Ice-skating</td>
<td>Winterland</td>
<td>ESN</td>
</tr>
<tr>
<td>January</td>
<td>Goodbye Party</td>
<td>Hasselt</td>
<td>ESN</td>
</tr>
<tr>
<td>February</td>
<td>Welcome BBQ</td>
<td>Diepenbeek Campus</td>
<td>ESN</td>
</tr>
<tr>
<td>February-March</td>
<td>City Trip</td>
<td>Antwerp or Dinant(to be determined)</td>
<td>JOSS &amp; International Office</td>
</tr>
<tr>
<td>March</td>
<td>Bowling</td>
<td>To be determined</td>
<td>ESN</td>
</tr>
<tr>
<td>March-April</td>
<td>City trip</td>
<td>To be determined</td>
<td>ESN &amp; International Office</td>
</tr>
<tr>
<td>May</td>
<td>Elections Party</td>
<td>To be determined</td>
<td>ESN</td>
</tr>
<tr>
<td>June</td>
<td>Goodbye Party</td>
<td>Hasselt</td>
<td>ESN</td>
</tr>
</tbody>
</table>

For updates, please check: [www.uhasselt.be/cultural-activities](http://www.uhasselt.be/cultural-activities).
## PRACTICAL INFORMATION

1. Administrative formalities  
2. Accommodation  
3. Telephones  
4. Opening a bank account  
5. Language courses  
6. Student jobs
1. Administrative formalities

Registration at Hasselt University
You are required to register as an (exchange) student or visitor at the Student Administration (Martelaarenlaan 42, 3500 Hasselt) in order to get your student/staff/visitor card. This card allows you to make use of the UHasselt facilities and infrastructure such as the library, bike rent, university restaurants, etc.

For more information, please contact the Student Administration: studentensecretariaat@uhasselt.be

Registration at the town hall
On arrival in Belgium all foreign nationals staying longer than one month must register at their local town hall within eight working days.

**Documents required**

**Documents to receive**

**EU-citizen**

* < 3 months
  - passport or identity card
  - proof of enrolment Hasselt University
  - copy of your rental contract or correct address
  - “melding van aanwezigheid” (announcement of presence)

* > 3 months
  - passport or identity card
  - 4 passport photographs
  - proof of enrolment at Hasselt University
  - EHI-card or proof of insurance
  - proof of scholarship or proof of enrolment as Erasmus student or a declaration on honour of proof of solvency is also accepted
  - copy of your rental contract or correct address
  - “verklaring van inschrijving” (statement of registration)

**Non-EU-citizen**

* < 3 months
  - passport with visa C (if required)
  - 1 passport photograph
  - proof of enrolment at Hasselt University
  - copy of your rental contract or correct address
  - “aankomstverklaring” (statement of arrival) valid for 90 days (approx. 5 euros)

* > 3 months
  - passport with visa D
  - 4 passport photographs
  - proof of enrolment at Hasselt University
  - proof of scholarship or proof of guarantorship
  - copy of your rental contract or correct address
  - “bewijs inschrijving vreemdelingen-register (BIVR)”* (registration foreigners register, approx. 15 euros)

* After registration at the local Town Hall, a police officer will pass by your residence to check that you actually live there before you receive your BIVR. If you are not at home you will receive a letter inviting you to report to the police station of your district.

** Passport photographs: strictly without any headgear. If you insist on wearing a headgear on the picture, you need to obtain a document, signed by an authorized imam. For more information, please contact +32 11 875 961.

TIP: Non-EU citizens who stay more than 3 months need to request written confirmation of their BIVR application if they want to open a bank account.
Changes/leaving Belgium
• Change of address: notify the Town Hall and alter the address in your student file.
• Leaving Belgium at the end of your studies/stay: notify the Town Hall.
• Leaving Belgium in the middle of your studies/stay: notify the Town Hall and the Student Administration: Leen Jorissen (leen.jorissen@uhasselt.be).
• Renewal of your residence permit: don’t forget to go to the Town Hall at least 45 days before the expiration date.

2. Accommodation
If you are looking for a student room, check out available rooms at: www.uhasselt.be/accommodation.
More info and help: marc.thoelen@uhasselt.be or huisvesting@uhasselt.be
If you prefer to look for a room once you are in Belgium, you can also choose to stay several days or more in the new Youth Hostel in Hasselt and look for the best place with your own eyes! The hostel is perfectly located, close to Hasselt railway station and at a walking distance of the centre of Hasselt. It is a brand new building with a young, modern look where you can spend a nice exploring time waiting for your sweet home.
For more information you can contact the Hostel on this address: http://www.jeugdherbergen.be/en/youth-hostels/city-hostels/hasselt.
If you are PRE-registered at Hasselt University (www.uhasselt.be/ApplicationForm) you can even stay there at the ‘Members Rate’.

TIP: Once you have found a place to live, please put your name on the doorbell.

3. Telephones
Mobile phones
If you wish to use a mobile phone in Belgium you should be aware that there are a few major competing networks:
• proximus: www.proximus.be
• mobistar: www.mobistar.be
• base: www.base.be
• mobile vikings: www.mobilevikings.com
You can buy a local number and calling credits in many shops or through their website.
4. Opening a bank account

It is safer to deposit your money in a bank rather than leaving large amounts of cash in your room or walking around with it. If you choose to open a bank account in Belgium you will need the following documents:

- a valid passport or identity card, proof of enrolment at Hasselt University;
- a copy of your rental contract;
- additional documents for non-EU citizens staying over 3 months: written confirmation of BIVR application, proof of scholarship, visa.

A current account provides you with a cash card for 24-hour cash dispensers.

There are many branches of different banks in Hasselt. Most banks are open on weekdays from 9.00 until 12.00 and from 14.00 until 16.00. Some banks are open on Saturday morning and have late opening hours once a week.

- Addresses:
  Fortis, Kunstlaan 18, Hasselt
  KBC, Gouverneur Verwilghensingel 102, Hasselt
  Belfius, Havermarkt 36, Hasselt
  Crelan, Stadsomvaart 1, Hasselt
  Fortis, Marktplein 18, Diepenbeek
  KBC, Kapelstraat 36, Diepenbeek
  Belfius, Dorpsstraat 24, Diepenbeek
  Crelan, Varkensmarkt 10, Diepenbeek

TIP: Register your card on the "ping ping website"(http://www.uhasselt.be/en-pingping) then you can use the photocopiers and buy lunch at all Hasselt University restaurants at a reduced price.
5. Language courses

- If you would like to study Dutch, the institution ‘Huis van het Nederlands’ performs a screening of students and refers them to educational institutions such as PCVO Moderne Talen Hasselt or CVO Step. Both institutions offer Dutch language courses on various entry levels and at a modest price. If interested, please contact Elly Vincken (e-mail: elly.vincken@limburg.be, tel.: +32 11 30 56 11). Furthermore, both language institutes also offer several other language courses (German, French, English, Italian, Japanese, Portuguese, Spanish, Swedish, etc.).

- CommArt International, spin-off of Hasselt University, offers a varied set of e-learning packages (to learn Dutch and other languages) which are characterized by a multimedia approach, combining text, sound and image. The LinguaCom e-learning modules aim at the communicative beginners’ level A1-A2 of the Common European Framework of Reference for Languages. The Plurilingua series focuses on linguistic aspects as well as intercultural differences which influence the communication process. You can get a 25% discount if you order through the website of CommArt International. For more information, please consult the website (http://www.commart.be/en/home/) or contact: willy.clijsters@uhasselt.be or martine.verjans@uhasselt.be.

- If you want to improve your language skills, you can also participate in the language cafés organized by the International Platform. Please click on the link to join the Facebook group and follow up their activities: https://www.facebook.com/events/1418952995075709/

6. Student jobs

While you are studying (bachelor or master level) at Hasselt University, you may want to combine your studies with a (part-time) job.

If you are a member of the EU, you are free to start looking for a job in the area. However, as a non-EU member who wants to work during the academic year, you should first report to the Service for Labour Migration and Temporary Employment Agencies (Dienst Arbeidsmigratie, Koning Astridlaan 50, bus 6, 3500 Hasselt) to apply for a ‘work permit, type C’.

During school holidays you can work without a work permit. However, students who arrive in Belgium during the summer preceding the academic year in which they are registering are not allowed to work during that period.

For more info: www.uhasselt.be/student-employment

TIP: During the spring, summer and autumn, many jobs will be available in the local picking for example.
1. Public transport
   a) To the campus
      - To Hasselt campus
      - To Diepenbeek campus
   b) Bikes
   c) Bus
      - Prices
      - Bus passes
      - Reimbursement
      - Time schedules
      - Addresses and contact information
      - List of shops where you can buy presale tickets for the bus
   d) Train
      - Prices
      - Reimbursement
   e) Airports
      - Brussels Airport
      - Brussels South Charleroi Airport
      - Maastricht Airport
   f) Taxi cabs in Hasselt

2. Traffic rules
   a) By bike
   b) By foot
   c) Traffic signs

3. Travelling abroad

4. Important vocabulary and translations
1. Public transport

a) To the campus

To Hasselt Campus
You can get from Hasselt station to Hasselt Campus by foot, bike or bus.

By foot or by bike to Hasselt Campus:
- Head North toward Tramstraat
- Turn right onto Stationsplein
- Turn left onto Geraertstraat
- Turn right onto Koningin Astridlaan

By bus to Hasselt Campus:
You can use the following buses to go to Kolonel Dusartplein. From there it’s a short walk to the campus.
- Boulevardpendel
- 52: Beringen
- 1: Genk
- 18a: Achel
- 20a: Maastricht
- 22: Beringen Mijnen
- 36: Genk
- 45: Maaseik/Maastricht
- 180: Lommel
- H2: Kiewit Domein
- H3: Godsheide
To Diepenbeek Campus
You can get from Hasselt station to Diepenbeek Campus by bike or bus.

By bus to Diepenbeek Campus:
By bus you can take different buses. The buses with these numbers will get you to the campus:
- 45: Maastricht/Maaseik
- 36: Genk
- 20a: Maastricht (if "via universiteit" is displayed on the bus)

By bike to Diepenbeek Campus:
By bike the trip to Diepenbeek campus is about 5 kilometres. You will find below the route you need to take to cycle from Hasselt station to Diepenbeek Campus.

- Head north toward Tramstraat
- Turn right onto Stationsplein
- Continue onto Bampslaan
- Turn right onto Leopoldplein/N2/R70
- Turn left toward Ridder Portmansstraat
- Continue onto Ridder Portmansstraat
- Continue onto Havemarkt
- Continue straight onto Grote Markt
- Continue onto Maastrichterstraat
- Turn left onto Willekensmolenstraat
- Turn left
- Turn right
- Take the pedestrian tunnel
- Turn right
- Turn left onto Kiezelastraat
- Turn right onto Universiteitslaan/N702
- Turn right onto Campuslaan
b) Bikes
In Belgium it’s very common to use your bike as transport. It’s also very useful, especially during evenings and weekends when buses are not operating anymore or not frequently.
You don’t like public transportation, or you want to do some exercise? You can rent a bike for free. You need to pay a deposit of € 70, but it will be repaid if you bring back the bike. More information about renting a bike you can find at https://citybike.uhasselt.be/citybike/.

In order to speed up the whole process, please proceed as follows, if you want to have a bike from the first day:

- go to citybike.uhasselt.be and create a login. Please NOTE: when your Home Address shows another country but Belgium, you will NOT have to fill in the so-called ‘National Number’;
- then go to ‘Rent a bicycle’, fill in all fields, and print your contract;
- read/print the ‘Rent Regulations’;
- pay the 70 EUROS deposit via bank transfer, if possible, and bring a proof of payment;
- alternatively you can pay in cash (only at Fietsbasis Hasselt) or MAESTRO-card while here.
c) Bus

This is a picture of a bus of De Lijn. In front of the bus, there is a display that shows you where the bus is going to and the line number. If there are the words ‘geen dienst’ on the display, the bus is not operating at that moment. This might be frustrating, but this bus won’t stop for you.

In Belgium it’s easy to take the bus to wherever you want to go. You just need to know how to use it. If you want to travel by bus, you use ‘de Lijn’ which is the bus company in Flanders, the Dutch speaking part of Belgium.

Prices

The price of your ticket depends on the time of your travelling. You can use a ticket, an SMS ticket or a trip card. The single ticket will give a timed price of 60 minutes within which you can make unlimited changes. After 60 minutes you can complete your journey, but can no longer change.

Don’t forget to validate your ticket every time you get on or transfer!

** TIP: In the buses are no displays or announcements which tell you which bus stop is coming. If you are not sure don’t hesitate to ask the bus driver to stop at your bus stop. For this, you need to know the street or the name of the bus stop you need to go to.

<table>
<thead>
<tr>
<th>Single trip *</th>
<th>3 euros</th>
</tr>
</thead>
<tbody>
<tr>
<td>SMS Ticket**</td>
<td>1.80 + 0.15 for the SMS request</td>
</tr>
</tbody>
</table>

*: You can buy a presale ticket in the shop of De Lijn or in the list of shops on page 44

**: An SMS ticket is available when you text ‘DL’ to 4884. You need to show the text you receive to the bus driver before you enter. This is only possible with a mobile operator that is on the list of page 36.

If you take the bus or tram now and then, choose a Lijn card. With a Lijn card you can make several journeys.

<table>
<thead>
<tr>
<th>Price Lijn Card</th>
<th>14,00€</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trip price (60 min)</td>
<td>1,40€</td>
</tr>
</tbody>
</table>

Bus passes

- Campus pass

With the campus pass you can travel between Hasselt and Diepenbeek for € 20 a year. To obtain a campus pass you need to apply for it through your digital student file and present a proof of payment to the student desk.
You can find a list of all bus stops where the Campus pass is valid, on this website:
http://www.delijn.be/nl/overdelijn/nieuws/bericht/5250_campuspas_hasselt

- Buzzy Pass
A buzzy pass is a bus pass to travel in Flanders (not in Brussels or the French speaking part of Belgium), as much as you want. If you are younger than 26, you can use this pass.

1 month= 25,00 euros  
3 months= 71,00 euros  
12 months= 195,00 euros

TIP: Hasselt University has an intervention of 50% in the price of a Buzzy pass (3 months or more) for second class tickets. Download the file in your student file and bring it with a copy of your Buzzy pass to the student administration.

- Omnipass
The omnipass is a pass for people over 25. With an omnipass you have unlimited travel on all scheduled transport of De Lijn transports, except on the Milburg express Lines.

1 month= 38,00 euros  
3 months=107,00 euros  
12 months= 294,00 euros

Reimbursement
If students purchase a bus pass in second class for a period of at least 3 months, they can also apply for a refund of 50%. The application form is available in the digital student file. This status is for students who applied for a full study programme and are insured here in Belgium.
More info: marc.thoelen@uhasselt.be

Time schedules
On weekdays the bus will operate most frequently. After seven in the evening, the bus will operate less frequently. Take that in mind if you go from Hasselt to Diepenbeek or the other way around. Between 11PM and 5AM, buses won’t operate. During weekends the bus will run a limited schedule.
The weekdays of school breaks, buses will run but less frequently. You can visit this website to find all school holidays:
http://www.schoolholidayseurope.eu/belgium.html
Addresses and contact information:
De Lijn store : MGR. Broexplein , 3500 HASSELT
Head office de Lijn Limburg : Grote Breemstraat 4,3500 HASSELT
Customer service: +32 (0) 11 85 42 11
Website: https://www.delijn.be/en/

TIP: An easy way to find the time schedule you need is the free app of De Lijn. It's available for iPhone, Android, Nokia and Windows Phones. Look for 'De Lijn'.

List of shops where you can buy presale tickets:

**Diepenbeek:**

<table>
<thead>
<tr>
<th>Shop Name</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carrefour Market</td>
<td>Wijkstraat 37</td>
</tr>
<tr>
<td>Dagbladhandel Hitkrant</td>
<td>Kerklaan 10</td>
</tr>
<tr>
<td>Infomix BVBA</td>
<td>Kempenstraat 160</td>
</tr>
<tr>
<td>'t Letterke BVBA</td>
<td>Nieuwstraat 135a</td>
</tr>
<tr>
<td>Spar</td>
<td>Sint-Servatiusstraat 94</td>
</tr>
</tbody>
</table>

**Hasselt:**

<table>
<thead>
<tr>
<th>Shop Name</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carrefour</td>
<td>Kuringersteenweg 491</td>
</tr>
<tr>
<td>Ali Enterprise</td>
<td>Torenstraat 24</td>
</tr>
<tr>
<td>Dagbladhandel Galerijtje</td>
<td>Minderbroederstraat 8</td>
</tr>
<tr>
<td>Dagbladhandel Haesevoets</td>
<td>Diestersteenweg 374</td>
</tr>
<tr>
<td>Dagbladhandel Kneepkens</td>
<td>Kempische Steenweg 228</td>
</tr>
<tr>
<td>Distri Oil BVBA</td>
<td>Stationsplein 19</td>
</tr>
<tr>
<td>Het Gazetje</td>
<td>Boerenkrijgsingel 35</td>
</tr>
<tr>
<td>Krantenkiosk Dusart BVBA</td>
<td>Kolonel Dusartplein</td>
</tr>
<tr>
<td>Kruidvat</td>
<td>Koning Albertstraat 48</td>
</tr>
<tr>
<td>Press Shop</td>
<td>Dagbladhandel 't Hoekske</td>
</tr>
<tr>
<td></td>
<td>Dagbladhandel Gijbels Annick</td>
</tr>
<tr>
<td></td>
<td>Dagbladhandel Jamaer Pieter</td>
</tr>
<tr>
<td></td>
<td>De Leesweg</td>
</tr>
<tr>
<td></td>
<td>Steenberg 13</td>
</tr>
<tr>
<td></td>
<td>GB Express</td>
</tr>
<tr>
<td></td>
<td>Huis Thijs-Rochus</td>
</tr>
<tr>
<td></td>
<td>Sint-Truidersteenweg 36</td>
</tr>
<tr>
<td></td>
<td>De Lijnwinkel Hasselt</td>
</tr>
<tr>
<td></td>
<td>Stationsplein</td>
</tr>
</tbody>
</table>
Mobile operators SMS ticket:

<table>
<thead>
<tr>
<th>Mobile operators</th>
<th>SMS ticket</th>
<th>Mobile operators</th>
<th>SMS ticket</th>
<th>Mobile operators</th>
<th>SMS ticket</th>
<th>Mobile operators</th>
<th>SMS ticket</th>
</tr>
</thead>
<tbody>
<tr>
<td>Allo RTL</td>
<td>Ay Yildiz</td>
<td>BASE</td>
<td>BASE business</td>
<td>Belgian Telecom</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Belsim</td>
<td>BS Telecom</td>
<td>Carrefour Mobile</td>
<td>Cironyt Mobile</td>
<td>Cubic Telecom</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Delhaize</td>
<td>Ello</td>
<td>Happymany</td>
<td>Jim Mobile</td>
<td>M1call</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>MedionMobile</td>
<td>Mobile Vikings</td>
<td>Mobile World HBVL</td>
<td>Mobile Zoniq</td>
<td>Mobistar</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mondial Telecom</td>
<td>Mox Mobile</td>
<td>Natlog</td>
<td>NRJ</td>
<td>Ortel</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Plug Mobile</td>
<td>PostMobile</td>
<td>Primustel</td>
<td>Proximus</td>
<td>Scoov/Wireless</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Simyo</td>
<td>Star Telecom</td>
<td>Sudpresse Mobile</td>
<td>Sun Telecom</td>
<td>Sympac</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Teleconsult</td>
<td>Telenet</td>
<td>Tellink</td>
<td>TMF Mobile</td>
<td>Toledo</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Transatel</td>
<td>United Telecom</td>
<td>Yawadoo</td>
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</tbody>
</table>

**d) Train**

If you want to explore Belgium, take the train. In less than four hours, you can cross the country. The Belgian rail company is the NMBS (SNCB in the French speaking part of Belgium and Brussels). Starting in Hasselt, there are connections to every big train station in Belgium.

Travelling in second class is less expensive than travelling in first class. The comfort is really good in second class, so you don’t have to use first class unless you want to pay more. The prices of the passes below, are those for second class.

If you want to travel further, you can take a Eurostar or a Thalys train. If it is not the cheapest way to travel around Europe, it is very convenient: from Brussels you can reach many European cities very quickly.

**Prices**

Don’t forget to buy your ticket before entering the train! You have big chances to have a fine if you do not.

- Short rides

If you need to take the train for a short trip (like 20 minutes), odds are you can use a key card. If you travel more than once between two close stations (Genk - Hasselt, Diepenbeek – Hasselt for instance), a key card is the best option.

With a keycard you can travel:

<table>
<thead>
<tr>
<th>From Diepenbeek to:</th>
<th>From Hasselt to:</th>
<th>From Genk to:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aken</td>
<td>Diepenbeek</td>
<td>Bokrijk</td>
</tr>
<tr>
<td>Zonhoven</td>
<td>Sint-Truiden</td>
<td>Kiewit</td>
</tr>
<tr>
<td>Tongeren</td>
<td>Schoten</td>
<td>Hasselt</td>
</tr>
<tr>
<td>Hasselt</td>
<td>Genk</td>
<td></td>
</tr>
<tr>
<td>Bilzen</td>
<td>Kiewit</td>
<td></td>
</tr>
<tr>
<td>Kiewit</td>
<td>Zolder</td>
<td></td>
</tr>
<tr>
<td>Aiken</td>
<td>Heusden</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Bilzen</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Bokrijk</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Zonhoven</td>
<td></td>
</tr>
</tbody>
</table>
Long rides
If you always do the same route (e.g. Hasselt-Leuven), you can purchase a train pass.

Go Pass
If you are younger than 26 and you want to travel with your friends, you can use a Go Pass 10. This pass costs 51 euros and will cover ten single trips all over the country.

Weekend Pass
With the Weekend Pass, you can travel anywhere in Belgium for half price of the normal ticket.

These passes are not on your name. So you can share your pass with friends. Use 1 line on the pass for each user separately.
If you don’t want to buy a ten-journey card, you can buy single rides. This will cost you more! A single trip from Hasselt to Ostend (the Belgian sea) costs about 20€! However, on weekends, there are special weekend tickets with reduced prices.
To calculate the price of your journey, you can consult the following link. It shows all possible formula.

Reimbursement
Students can apply for a refund of 50% in case they buy a train pass in second class for a period of at least 3 months. The application form is available in the digital student file. This status is for students who applied for a full study programme and are insured here in Belgium. More info: marc.thoelen@uhasselt.be

Time schedules
There are two schedules: One on weekdays, another for weekend and Belgian holidays. During the weekend, there will be less trains than on weekdays. You can organize your trip here: http://www.belgianrail.be/en/Default.aspx
The school breaks don’t make a difference for these schedules. The NMBS has a free app for smartphones to check your time schedules. It’s available for iPhone, Android, Windows Phone and Nokia.

Addresses and contact information
Address Hasselt NMBS station: Stationsplein 2-6, 3500 Hasselt
Address Genk NMBS station: Europalaan 39, 3600 Genk
Customer service: +32 (0)2 528 28 28
Eurostar, Thalys and TGV trains

Thalys
If you want to travel to France, Germany or the Netherlands in a flash, you can also use a Thalys train from Brussels. The prices are very variable so do not hesitate to take a look at the website to check out the best prices. A trip from Brussels to Amsterdam will take you less than two hours. If you want to calculate the duration and the price of your journey with Thalys, you can do it online via the Thalys website: https://www.thalys.com/be/en/

Eurostar
With the Eurostar trains, you can travel to France and England very fast too. Once you are there, you can also take national trains to visit the other cities of the country. Check out where you can go and how much it will cost you on the following website: http://www.eurostar.com/fr-fr

TGV trains
If you aim France, you can also take a TGV (high speed train) from Brussels. This train will take you to many French cities and you can easily reach the South of France. Very often, you will not even have to change your train! For instance, you can take a TGV train directly to Lyon for 3.30 hours. Please follow this link to know more about your TGV train ticket: https://www.b-europe.com/Travel

e) Airports
This is a picture of a bus of De Lijn. In front of the bus, there is a display that shows you where the bus is going to and the line number. If there are the words ‘geen dienst’ on the display, the bus is not operating at that moment. This might be frustrating, but this bus won’t stop for you.

Brussels Airport
If you make use of Brussels Airport, you can take the train to Hasselt. On the basement level of the airport is the railway station. Every passenger travelling to or from Brussels National Airport has to pay a “Diabolo fee” on top of the ticket price. The standard ticket price to travel between the airport and the Brussels Zone is €8.50 per journey, which includes the Diabolo fee. If you already have an SNCB ticket, you will have to pay the Diabolo fee separately. Please consult the following link to read more about the Diabolo fee: http://www.belgianrail.be/en/travel-tickets/tickets/diabolo-fee-from-airport.aspx
Brussels South Charleroi Airport
If you make use of Brussels South Charleroi Airport, the NMBS railway station of Charleroi is nearby. But you need to take the bus to the railway station. The address is : rue d’Heppignies, 6043 Ransart.

Maastricht Airport
If you make use of Maastricht Airport, you first have to get to the bus station in Maastricht. The address is : Stationsplein 27, 6221BT Maastricht.
Here you can take the bus to Hasselt. Number 20a goes from Maastricht station to Hasselt station. It also stops in Diepenbeek! If you arrive at another airport, most of those have websites with information about taking the train.

f) Taxi cabs in Hasselt
As soon as you arrive in Hasselt station, there are always taxi cabs ready to drive people around. So keep in mind that you can take one if you are not sure about your destination or if you don’t want to walk home. You can check for more information via this link: http://www.hasseltse-taxi.com/EN/taxi.aspx
2. Traffic rules

a) By bike

- Always ride on the right.
- If there is a cycle track, it's compulsory to use it. Most of the Belgian cycle tracks are red and have interrupted lines to mark it (see the picture). Some don't have these lines, and other cycle tracks are grey.
- Taking a passenger on your bicycle carrier is strictly prohibited.
- Use your front and rear light at night or when it's dark or foggy. You will be more visible to other people and otherwise you risk to be fined by the police.
- It's prohibited to drink alcohol and ride.
- If you are riding together with friends, use the cycle track. You are not allowed to cycle with more than two people next to each other.
- If you want to cross the street, use the zebra crossing. Always stick out your arm to the side you are crossing. If you turn to the left, use your left arm to sign it to other drivers.
- There are specific zebra crossings for bikers. If there is none, use the zebra crossing for pedestrians. If you use it, it's mandatory to walk next to your bike.
- Priority is given to the right. Drivers must stop for traffic joining from the right!

b) By foot

- Always walk on the side walk. If there is no sidewalk, walk on the verge of the road. If there is no verge, you can walk on the cycle track or the road. If you walk on the road, walk in opposite direction, as close to the left as possible.
- To cross the road, use a zebra crossing. If there is no zebra crossing, choose a safe place to cross the road. Don't do it on a bridge, in a bend, at a crossroad or between stationary vehicles.
- If there is a zebra crossing, you have priority to cross the road. Make sure the driver has seen you. Priority doesn’t mean safety. Look to the right, then look to the left and wait for cars to slow down before crossing.

c) Traffic signs

<table>
<thead>
<tr>
<th>This space in traffic, this road, is especially for pedestrians and bikers. It's compulsory to use this road.</th>
<th>![Bike and pedestrian symbols]</th>
</tr>
</thead>
<tbody>
<tr>
<td>This sign means bikers need to use the left side of the road and walkers the right side of the road. Most of the time this will be a sidewalk or a cycle track.</td>
<td>![Bike and pedestrian symbols]</td>
</tr>
<tr>
<td>When you are taking a roundabout, you need to follow this direction.</td>
<td>![Roundabout symbol]</td>
</tr>
<tr>
<td>This sign means cars can’t enter this street, only bikers can use this road. The under board ‘uitgezonderd + bike’ means cyclists are an exception.</td>
<td></td>
</tr>
<tr>
<td>---</td>
<td></td>
</tr>
<tr>
<td><img src="40" alt="Image" /></td>
<td></td>
</tr>
<tr>
<td>This sign means cars have to turn to the right and must follow this direction. The under board ‘uitgezonderd + bike’ means cyclists are an exception.</td>
<td></td>
</tr>
<tr>
<td><img src="40" alt="Image" /></td>
<td></td>
</tr>
<tr>
<td>This sign means there is an impediment on the road. Pay attention. This can mean different things. The road might be under construction, there might be a school in the neighbourhood (with children crossing the street without looking)…</td>
<td></td>
</tr>
<tr>
<td><img src="40" alt="Image" /></td>
<td></td>
</tr>
<tr>
<td>This sign means there is a railway ahead. If you hear an alarm, you have to stop. The train has a priority on the road and may occur faster than you know. For your own safety, wait till the lights of the railroad turn white again.</td>
<td></td>
</tr>
<tr>
<td><img src="40" alt="Image" /></td>
<td></td>
</tr>
</tbody>
</table>
3. Travelling abroad

You can travel abroad within the Schengen Area with no visa. The visa which allowed you to enter Belgium entitles you to travel through a part of Europe. The countries you can visit are the following ones:

<table>
<thead>
<tr>
<th>Austria</th>
<th>Belgium</th>
<th>Czech Republic</th>
</tr>
</thead>
<tbody>
<tr>
<td>Denmark</td>
<td>Estonia</td>
<td>Finland</td>
</tr>
<tr>
<td>France</td>
<td>Germany</td>
<td>Greece</td>
</tr>
<tr>
<td>Hungary</td>
<td>Iceland</td>
<td>Italy</td>
</tr>
<tr>
<td>Latvia</td>
<td>Liechtenstein</td>
<td>Lithuania</td>
</tr>
<tr>
<td>Luxembourg</td>
<td>Malta</td>
<td>the Netherlands</td>
</tr>
<tr>
<td>Norway</td>
<td>Poland</td>
<td>Portugal</td>
</tr>
<tr>
<td>Slovakia</td>
<td>Slovenia</td>
<td>Spain</td>
</tr>
<tr>
<td>Sweden</td>
<td>Switzerland</td>
<td></td>
</tr>
</tbody>
</table>

4. Important vocabulary and translations

<table>
<thead>
<tr>
<th>ENGLISH</th>
<th>DUTCH</th>
</tr>
</thead>
<tbody>
<tr>
<td>The bus</td>
<td>De bus</td>
</tr>
<tr>
<td>The train</td>
<td>De trein</td>
</tr>
<tr>
<td>Is this the bus to ‘x’?</td>
<td>Gaat deze bus naar ‘x’?</td>
</tr>
<tr>
<td>Can you tell me when we approach bus stop ‘x’?</td>
<td>Kan u me zeggen als we aan bushalte ‘x’ zijn?</td>
</tr>
<tr>
<td>I need to be in ‘x’, can you help me?</td>
<td>Ik moet in ‘x’ zijn, kan u mij helpen?</td>
</tr>
<tr>
<td>Can you give me more information about ‘x’?</td>
<td>Kan u mij meer informatie geven over ‘x’?</td>
</tr>
<tr>
<td>On what platform will my train arrive?</td>
<td>Op welk spoor komt mijn trein aan?</td>
</tr>
<tr>
<td>What time does the bus/train arrive?</td>
<td>Om hoelaat komt de bus/trein aan?</td>
</tr>
<tr>
<td>What time does the bus/train leave?</td>
<td>Om hoelaat vertrekt de bus/trein?</td>
</tr>
<tr>
<td>Departure</td>
<td>Vertrek</td>
</tr>
<tr>
<td>Arrival</td>
<td>Aankomst</td>
</tr>
<tr>
<td>Platform</td>
<td>Perron</td>
</tr>
<tr>
<td>Pedestrian</td>
<td>Voetganger</td>
</tr>
<tr>
<td>Biker</td>
<td>Fietser</td>
</tr>
<tr>
<td>Traffic</td>
<td>Verkeer</td>
</tr>
</tbody>
</table>
1. EEA (European Economic Area) students
   a) How do you obtain a European Health Insurance Card
   b) Treatment & costs
      - Doctors
      - Dentists
      - Hospital treatment
      - Prescriptions
      - Ambulance
      - What does EHIC not cover?
   c) How do you get reimbursement?

2. Non-EEA students
   a) How do you obtain this kind of insurance?
   b) How much does this insurance cost?
   c) Which expenses are covered?
   d) How do you get reimbursement?

3. Additional insurances

4. Important vocabulary and translations
1. EEA (European Economic Area) students

If you are from an EEA country, you have access to medically necessary, state-provided health care during a temporary stay under the same conditions and at the same cost as people insured in Belgium through your European Health Insurance Card. Please note that the European Health Insurance Card is not an alternative to travel insurance. It is highly recommended that you also conclude a travel insurance, as well as other insurances (e.g. civil liability, etc.). For more information you can always contact Marc Thoelen (marc.thoelen@uhasselt.be).

a) How do you obtain an EHI card?
You can obtain a card by contacting the health insurance institution where you are insured in your home country. It is free and normally it’s valid for one year. This can vary from country to country, so be sure to check how long your card is valid.
If your EHIC is not recognized by the authorities of any EU country – or Iceland, Liechtenstein, Norway and Switzerland – you can request your home insurer to contact the doctor or hospital abroad.
With the European Health Insurance Card you can get healthcare - and claim reimbursement for the costs you have - on the same terms as nationals of the country you are in. If the treatment you need is free for local residents, you won’t have to pay. If the treatment requires payment, you can either ask for reimbursement from the national institution whilst still in the country and get reimbursement directly there, or ask for reimbursement from your health insurer when you get home. Your expenses will be reimbursed according to the rules and rates of the country where the treatment was received. So you will be reimbursed either for the full cost of the treatment, or you will have to bear the patient’s fee according to the rules of the country where the treatment took place. Alternatively, your insurer may decide to reimburse the full cost according to its own rules.

b) Treatment & costs

Doctors
- You must pay the doctor at the time you are treated, but you might be able to claim back up to 75% of the cost when you present your “Getuigschrift voor verstrekte hulp” at the desk of a local sickness fund of your choice.
- Make sure the doctor gives you a green receipt (“Getuigschrift voor verstrekte hulp”) with the amount you paid.
Dentists
- You must pay the dentist at the time you are treated, but you might be able to claim back up to 75% of the cost when you present your “Getuigschrift voor verstrekte hulp” at the desk of a local sickness fund of your choice.
- Make sure the dentist gives you a receipt (“Getuigschrift voor verstrekte hulp”) with the amount you paid.

Hospital treatment
- You do not need (although highly advised) a doctor’s referral, and you may see a specialist of your choice at any hospital.
- If you do not present your European Health Insurance Card (or provisional replacement certificate), you will have to pay the total amount in full. You can, however, seek reimbursement afterwards from one of the Belgian health insurance organisations by presenting the invoice and proof of payment at the desk of a local sickness fund of your choice.

Prescriptions
- You will need to present a prescription at the pharmacy, which you obtain from a doctor.
- You will have to pay for your prescription at the pharmacy. Patient charges may vary between 0% and 80% of the price of the medication.
- Make sure the pharmacist gives you a receipt that states your name, the medicine provided and the amount you paid. With it, you can claim reimbursement from one of the Belgian health insurance organisations.

Ambulance
- You pay a lump sum plus a fee per kilometre travelled. The Belgian public health insurance scheme reimburses 50%.

What type of costs does this EHIC not cover?
EHIC is no alternative to a travel insurance. It does not cover expenses for repatriation, nor full hospital costs or special care (eyes, teeth). The card doesn’t guarantee your expenses will be reimbursed. It depends on the adjustment of the medical health care of your own country.

c) How do you get reimbursement?
When you see a doctor or a specialist, you will be given a “certificate of services provided”. In some cases, the pharmacist provides you with a document for refund purposes (certificate model 704). Bring these certificates, together with your EHIC to a mutuality office. You can go to all mutuality offices (De Voorzorg, Christelijke Mutualiteit, Liberale Mutualiteit, Partena,...). You can also get reimbursed in your home country. All you need to do is to keep the certificates given by the doctor or the pharmacist and to bring them with you to the mutuality office.
Also remember to bring your bank account number. The mutuality prefers to make payment into a Belgian account. If you only have a foreign bank account number, bring your International Bank Account Number (IBAN) and the BIC or SWIFT code with you, together with your international passport.

You can find more information about the EHIC on these websites:
- Anglo info website: http://belgium.angloinfo.com/healthcare/health-system/ehic/
2. Non EEA students

If you are not from an EEA country, your kind of insurance may vary. If you are here for less than 6 months, you will be automatically enrolled in the Student Insurance Programme (SIP-Integraal). If you are here for more than 6 months, you will be enrolled in the SIP-complement and have a mutuality insurance. Mutualities are services for public health insurance.

a) How do you obtain this kind of insurance?
You are automatically enrolled in the SIP. The University takes care of this and makes sure it is okay. If you are staying longer than 6 months, you are also subscribed to the health insurance fund CM. This is not automatically done! For subscription by the CM, every student needs to complete the procedure. They will have to follow these steps:

Now your insurance is complete!

b) How much does this insurance cost?
If you make use of SIP-Integraal, it costs 40 euros per month. If you make use of SIP-Complement, you will pay the SIP-complement costs of 25 euros per month + CM costs of 5 euros per month, meaning the full insurance fee for a year is 360 euros.

c) Which expenses are covered?
- Health insurance (including hospital costs)
- Civil liability
- Repatriation costs
- Legal assistance
- Travel insurance*

* If you are CM insured and you want to travel abroad, make sure you apply for an European Health Insurance Card. This card provides health care while being abroad.
d) How do you get reimbursement?

Health insurance fund: CM Limburg

First you have to register with CM Limburg. You will receive the necessary documents during the orientation day or you can come to the International Office. Don’t forget to bring your student card and write down your address in Belgium, you will need this.

Once you have registered with CM Limburg, you will receive yellow identification stickers at your student address. The yellow identification stickers are to be affixed to all the refund application documents you send to the health insurance fund. Health insurance on average covers approximately 75%. Some (critical) medical expenses are fully refunded. In Belgium, you are free to choose your care provider.

Doctors can either be in private practice or attached to a hospital. Most doctors in Belgium speak English fairly well. Always take cash with you to the doctor. You will have to pay this fee immediately after the consultation. Only a few doctors accept electronic forms of payment.

Student Insurance Programme: SIP

SIP will refund the other 25% of your doctor costs.
You can find more information on the website of Hasselt University: http://www.uhasselt.be/medical-refund.
On this website you can also find a document to get refunded and the SIP document you need for refunds. If you are not registered by CM because you stay less than 6 months, SIP itself will reimburse everything.

3. Additional insurances

During your stay in Belgium you might want to get a travel insurance, an insurance for civil liability, for your home or for your car. The University does not provide such insurances. Therefore if you would like to get an extra insurance, be aware that the University does not cover this type of insurance and you will have to deal with it personally. For more information you can always contact Marc Thoelen (marc.thoelen@uhasselt.be).

4. Important vocabulary and translations

<table>
<thead>
<tr>
<th>ENGLISH</th>
<th>DUTCH</th>
</tr>
</thead>
<tbody>
<tr>
<td>Insurance</td>
<td>Verzekering</td>
</tr>
<tr>
<td>Health insurance</td>
<td>Ziekteverzekering</td>
</tr>
<tr>
<td>Mutuality</td>
<td>Mutualiteit</td>
</tr>
<tr>
<td>European Health Insurance Card</td>
<td>Europese Ziekte Verzekering Kaart</td>
</tr>
<tr>
<td>Certificate of services provided</td>
<td>Getuigschrift voor verstrekte hulp</td>
</tr>
</tbody>
</table>

TIP: To give proof of your health insurance, make sure you always have a ‘klever’ in your wallet. This ‘klever’ helps you when you end up in the hospital or have a medical problem. It looks like this (though the colour can be different, depending on your mutuality).
HEALTH AND HYGIENE

1. Health
   a) What if you get sick?
   b) Doctors
   c) Pharmacies

2. Hygiene
   a) The bathroom
   b) The toilets
   c) The kitchen
   d) Doing the laundry
   e) Cleaning the house
   f) Waste and garbage

3. Important vocabulary and translations
   a) Health
   b) Hygiene
1. Health

a) What if you get sick
There are possibilities for you to be sick during your stay. In winter many students get a cold or the flu. In the spring you can get hay fever or allergies. If you feel sick, take care of yourself. Rest, sleep, drink plenty of water and eat healthy. If this is not helping, you can go to a doctor or to a pharmacy for medicines. You can find information on rules of reimbursement in the “INSURANCE” chapter.

If you don’t feel well, you can visit a doctor. In Belgium, you first go to a doctor to get examined. If you need further examination, the doctor will send you to the hospital. In Belgium, you don’t go to the hospital, unless it is an emergency. So first, go to the doctor.

b) Doctors
You can find a doctor in Diepenbeek:
- Doctor Bas Van den Bergh
  Patersplein 3, 3590 Diepenbeek
- Doctor Jansens—De Varebeke
  Marktplein 35, 3590 Diepenbeek
- Doctor Gelders
  Dooistraat 33, 3590 Diepenbeek
- Doctor Lambrichts
  Wijkstraat 11, 3590 Diepenbeek
- Doctor Warson, De Winter and Michiels
  Nanofstraat 50, 3590 Diepenbeek
- Doctor Volders
  Katteweidelaan 14, 3590 Diepenbeek

For more doctors in Diepenbeek, visit this website: http://www.goudengids.be/dokters-huisartsen/diepenbeek/

You can find a doctor in Hasselt:
- Doctor Dujardin
  Elf-Novemberlaan 8, 3500 Hasselt
- Doctor Swartenbroekx
  Heldenplein 2, 3500 Hasselt
- Doctor Martens
  Sint-Katarinaplein 12, 3500 Hasselt
- Doctor Vroninks
  Castrastraat 72, 3500 Hasselt
- Doctor Paredis
  Weerstandslaan 9, 3500 Hasselt

For more doctors in Hasselt, visit this website: http://www.goudengids.be/dokters-huisartsen/Hasselt/

TIP: The Dutch word for ‘doctor’ is ‘dokter’ or ‘arts’. Don’t let them fool you with the word ‘dierenarts’ or ‘veearts’, this means a veterinarian for animals.
c) Pharmacies
Sometimes you will need a prescription for your medication. You can get this prescription from the doctor. Other medication you can buy without prescription. The following list contains a list of medication you can buy without prescription:

| Remedy for nausea and vomiting | • Ginger preparations |
| Remedy for diarrhea (prevention and/or treatment) | • Enterol (Saccharomyces boulardii)  
• Lacteol (Lactobacillus acidophilus)  
• Loperamide (Imodiuml) |
| Remedy for rehydratation | • ORS |
| Remedy against cramps | • Buscopan (butyrylhyoscinebromide) |
| Remedy for heartburn | • Gastrical (magaldrate)  
• Gaviscon (alginate acid, sodium salt+sodium bicarbonate+calcium bicarbonate)  
• Maalox Antacid (algedraat+magnesium hydroxide)  
• Rennie (calcium carbonate+magnesium carbonate)  
• Riopan (magaldrate) |
| Analgetic, Antipyretic Agent | • Paracetamol (Dafalgan, Perdolan, Algostase Mono) |
| Analgetic, Antipyretic,Anti-inflammatory agent | • Ibuprofen (Nurofen,Spidifen)  
• Acetylsalicylic acid (Aspegic, Aspirine, Sedergine) |
| Painful menstruation | • Excedryn (paracetamol 250mg+caffeine 65mg)  
• Perdofemina (Ibuprofen) |
| Local Remedy for muscles aches, sprains, bruises | • Flexium (etofenamate), Hirudoid (mucopolysaccharide, poly sulfate)  
• Voltaren (diclofenac) |
| Remedies against colds | • Cough inhibitor: dextromethorphan (Bronchosepal Dextromethorphan®, Tussorhinathiol®)  
• Cough with slimes:  
• acetylcysteine, (Lycomusil)  
• Muco-Rhinatol, Siroxyl (carbocisteine)  
• Nose drops/salves: xylometazoline (Otrivine, Nasa Sinutab,Nasa Rhinatol...) |
If a generic product is available, the name comes first and the brand name in parentheses. If no white product is available, the brand name comes first and the generic name in brackets because of the fact that brands can differ internationally quite much. Even if you are not in pain, it might happen that you will cut yourself while cooking or something. It is a good idea to have some stuff for wound care at your student home.

- Band aids, elastic bandage, compresses, styptic cotton-wool
- Disinfectant
- Scissors, tweezers

TIP: Ask for House Preparations, these are often identical (or even better) than specialities and at a lower price!

There are no dangerous, exotic insects in Belgium. However, in summer there are lots of insects that will sting. Bees, wasps, mosquitos,… Here are the products you can buy in case you get bitten:

- Insect repellent: DEET (diethylmetatolueenamide)
- Anti-allergic and anti-itch agent: cetirizine (Zyrtec®), Euceta®, Afterbite®

Though the sun doesn’t shine quite a lot in Belgium, in summer you can get a sunburn. Use sun cream if there is a lot of sun, and if you still look like a lobster afterwards, use after-sun. Other useful things you can buy in the pharmacy are:

- A thermometer
- Remedies against sexually transmitted diseases (STD): condoms
- Birth control

Where to find pharmacies in Diepenbeek:

- Apotheek Souren: Marktplein 17, 3590 Diepenbeek
- Apotheek Dhr. Kreemer: K.Wijkstraat 29b, 3590 Diepenbeek

Where to find pharmacies in Hasselt:

- Apotheek Havemarkt: Havemarkt 25, 3500 Hasselt
- Apotheek Smeets: Kuringersteenweg 37, 3500 Hasselt
- Apotheek Broos-Van Gorp: Luikersteenweg 193, 3500 Hasselt
- Apotheek Vanroelen: Maastrichterstraat 56, 3500 Hasselt
- Apotheek In het Zwaard: Grote Markt, 3500 Hasselt

Most of the pharmacies’ opening hours are every day between 9h00 and 18h00. It varies between the different pharmacies. After that, you can go to the ‘apotheek van wacht’, this pharmacy will be open on Sundays, holidays or nights. You can find a ‘apotheek van wacht’ on this website: http://www.apotheek.be/apotheker/ apotheek-van-wacht.
This will change every week.

Warning: Going to a ‘apotheek van wacht’ will cost you more. Only use it in case of emergency. The pharmacist can add an extra cost for his services during this period.

TIP: You can recognize a pharmacy by its green cross.

2. Hygiene

a) The bathroom
A short list of products might be handy, just to make sure you don’t brush your teeth with shampoo or other strange things…

<table>
<thead>
<tr>
<th>ENGLISH</th>
<th>DUTCH</th>
<th>USE</th>
</tr>
</thead>
<tbody>
<tr>
<td>shampoo</td>
<td>shampoo</td>
<td>To wash your hair in the shower. Wash it out your hair before drying.</td>
</tr>
<tr>
<td>conditioner</td>
<td>conditioner/krème spoeling</td>
<td>To make your hair soft and shiny. Also use in the shower and wash it out before drying your hair.</td>
</tr>
<tr>
<td>blow dryer</td>
<td>haardroger</td>
<td>To dry your hair.</td>
</tr>
<tr>
<td>hair brush</td>
<td>borstel</td>
<td>To brush your hair.</td>
</tr>
<tr>
<td>shower gel</td>
<td>douchegeel</td>
<td>To wash your body in the shower.</td>
</tr>
<tr>
<td>soap</td>
<td>zeep</td>
<td>To soap your body.</td>
</tr>
<tr>
<td>hair gel</td>
<td>gel</td>
<td>To get your hair fixed.</td>
</tr>
<tr>
<td>hair spray</td>
<td>haarspray/haarlak</td>
<td>To get your hair fixed.</td>
</tr>
<tr>
<td>deodorant</td>
<td>deodorant</td>
<td>To prevent body odor.</td>
</tr>
<tr>
<td>toothbrush</td>
<td>tandenborstel</td>
<td>To brush your teeth.</td>
</tr>
<tr>
<td>toothpaste</td>
<td>tandpasta</td>
<td>The product you use to brush your teeth.</td>
</tr>
<tr>
<td>dental floss</td>
<td>floosdrad</td>
<td>To make sure no food sticks between your teeth, you can use dental floss.</td>
</tr>
<tr>
<td>razor</td>
<td>scheermes</td>
<td>To shave facial hair. ladies: there is a difference between razors for men and women. Razors for women are most of the time pink.</td>
</tr>
<tr>
<td>shaving cream</td>
<td>scheerschuim</td>
<td>To apply to your face before shaving.</td>
</tr>
</tbody>
</table>
b) The toilets
When you are in the toilets, there are a few things you should remember:

- **Always flush after using the toilets.**
- **Make sure the toilet seat is clean when you leave.**
- **Only put toilet paper in the toilet. Tampons and sanitary napkins will block the toilet. Put these in the toilet-bin, beside the toilet.**
- **Always wash your hands after using the toilet and flush it every time.**
- **Please use the toilet brush if necessary.**

c) The kitchen
In the kitchen, you keep, prepare and eat food. It’s important to keep the kitchen clean at all time for a good hygiene.

Do your dishes as soon as possible after eating. Use dishwashing liquid to do your dishes.

After you wash it, also dry your dishes and store it back. Don’t let them dry on the sink (a caution for bacteria). Also clean your sink from the last food wastes. Otherwise it will smell.

TIP: Plastic foil will keep your food fresh in the refrigerator. Also, cover your plate with plastic wrap before heating it in the microwave. In that way, your microwave stays clean!

- Use plastic foil over your plate when you put it in the refrigerator.
- Do not use metal or aluminium in the microwave! Also, not all plastic boxes can be put in the microwave!
- After use, clean the microwave.
- If you want to fry something, be careful with the oil! Don’t put water on it (it can set fire) and give it enough time to cool down.
- Defrost from time to time your refrigerator and freezer and wash it out (it’s for the hygiene).*
- Keep an eye on the expiration date of food. It’s not harmful if your food is expired for some days or a week if the wrapping is still closed. If it smells weird or sour, throw it away.

There are many chances for you to live with other people in the same student room. It is very important to clean the areas that you used (kitchen, toilets) so that they can use the places as well.

TIP: Defrosting a freezer*
1. Remove all food from the freezer and place it in coolers with ice or another freezer during the defrosting process, so they don’t thaw out;
2. Turn the thermostat dial to the warmest setting;
3. Prep the area: cover the floors in old blankets or towels;
4. Open the freezer door and let the frost melt naturally;
5. Stay near the freezer so you can wipe up water: once the ice starts melting, the water may pour out rapidly;
6. Once your freezer is completely defrosted and dry, you may put your food back!

Never try to scrape the ice! It will damage your freezer!
d) Cleaning the house

If you are living in a small student home or in an apartment, it has to be clean all the time. Dust and dirt are bad for your health. You should do the following things weekly:

- Remove dust from all furniture;
- Sweep and mop the floor;
- Clean the taps with descaler;
- Wipe mirrors;
- Scrub the sink, washbasin and shower;

Here is a list of basic vocabulary relating to cleaning.

<table>
<thead>
<tr>
<th>ENGLISH</th>
<th>DUTCH</th>
<th>USE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dust wiper</td>
<td>Stofdoek</td>
<td>To wipe dust of your furniture</td>
</tr>
<tr>
<td>Microfiber cloth</td>
<td>Microvezeldoek</td>
<td>To wipe dust, polish mirrors, to wash and dry the sink...</td>
</tr>
<tr>
<td>Vacuum cleaner</td>
<td>Stofzuiger</td>
<td>To suck up dust and dirt of the floor or out of a carpet. If you don’t have a vacuum cleaner, make sure you can shake the dust out of your carpet outside your room.</td>
</tr>
<tr>
<td>Floor rag</td>
<td>Dweil</td>
<td>Use the floor wiper and the (wet) floor rag together to wipe the floor clean. If your floor is too wet after wiping, use the floor wiper without the rag.</td>
</tr>
<tr>
<td>Floor wiper</td>
<td>Vloerwisser</td>
<td>See below</td>
</tr>
<tr>
<td>Bucket</td>
<td>Emmer</td>
<td>You can use the bucket to put hot water and product in it.</td>
</tr>
<tr>
<td>All purpose cleaner</td>
<td>allesreiniger</td>
<td>You can use all purpose cleaner to wipe the floor, wash the bathroom, your kitchen,...</td>
</tr>
<tr>
<td>Degreaser</td>
<td>Ontvetter</td>
<td>You use a degreaser to clean your kitchen and your sink.</td>
</tr>
<tr>
<td>A soft deck brush</td>
<td>Een zachte borstel</td>
<td>With a deck brush you can sweep the dust and dirt of your floor.</td>
</tr>
<tr>
<td>Dustpan and brush</td>
<td>Stoffer en blik</td>
<td>A dustpan and brush are easy to clean the dirt and dust after you swept it together. This is also very usable when you break a glass.</td>
</tr>
<tr>
<td>Sponge</td>
<td>Spons</td>
<td>You can use a sponge to do your dishes or to clean dirty surfaces.</td>
</tr>
<tr>
<td>Toilet cleaner</td>
<td>Wc-reiniger</td>
<td>Use toilet-cleaner once a week to keep your toilet clean</td>
</tr>
</tbody>
</table>
e) Doing the laundry
If there is no washing machine in your student room, you can use one of the laundries in Hasselt and Diepenbeek.

Addresses of laundries (dutch: wassalons) in Hasselt and Diepenbeek:

**Hasselt**
- 't Witwassertje, Maastrichtersteenweg 175 bA, 3500 Hasselt
- Pascale, Oude Luikerbaan 100, 3500 Hasselt
- Biancha, Kuringersteenweg 93, 3500 Hasselt
- Miele, Overdemerstraat 118, 3511 Kuringen Hasselt

**Diepenbeek**
- Davina Wassalon, Kempenstraat 163, 3590 Diepenbeek
- Mr. EcoWash Diepenbeek, Nieuwstraat 167, 3590 Diepenbeek

---

**TIP:** HOW TO USE A WASHING MACHINE

1) *put the clothes* in the machine
2) *close the door* of the machine
3) *select the temperature* *
4) *pour some laundry detergent* in the plastic tray

---

**WHAT TEMPERATURE?**

- **90°**: bed sheets, towels, underwears
- **60°**: cotton/linen fabrics
- **30°/40°**: synthetic fabrics/jeans/multi-coloured shirts

Silk/wool clothes need to be hand washed!

---

f) Waste and garbage
In Belgium, people need to sort their waste and garbage by each different type. The bags for this garbage can be included in the price of your student home, or you need to buy them yourself. You can find them in the supermarkets. Please only use official garbage bags, as the other ones are not collected by the garbage truck.

If you live in Hasselt, you have a yearly right for around 40 small or large garbage bags. Do not forget to take your residence permit with you to collect them. You can even take someone else’s bags if you take his/her residence permit. Once you have these sacks, you can sell them to your landlord, who needs them anyway. You might want to check beforehand whether your landlord wants to buy these sacks from you. They can be taken from: Magazijn Centrale werkplaatsen Stad Hasselt Hellebeemden 20
3500 Hasselt
**Opening times**
Monday/Tuesday/Wednesday/Thursday: 08.00 until 12.00 - 12.30 until 16.00  
Friday: 08.00 until 12.00 - 12.30 until 15.00

---

**TIP:** TRASH BAGS FOR EACH TYPE OF WASTE

- **BLUE PMD BAG**
  - In this bag you can throw away:
    - empty plastic bottles
    - metal packaging, cans
    - drink cartons

- **GREEN CONTAINER**
  - In this container you can throw away your green/organic waste:
    - fruits, vegetables
    - food leftovers
    - garden waste

- **HOUSEHOLD BAG**
  - In this bag you can throw away:
    - all household garbage that is not paper, cardboard, glass, organic waste, or PMD

* You can buy the PMD and household bags in the supermarket.

---

Paper and cardboard are collected together, but there is no special bag. You can put them in a cardboard box. Glass is not collected, you need to bring it to specific containers which are spread over the city. These are sorted by white glass and coloured glass. Don’t put glass splinters in there.

In Hasselt you can find glass containers in the following streets:
- Capucienenstraat, Haardbeemdenstraat-Lazarijstraat, Kempische Steenweg, Kol. Dusartplein, Kunstlaan, Oude Luikerbaan, Singelbeekstraat, St-Martinusplein, St-Truidersteenweg and Willekensmolenstraat.

In Diepenbeek there are glass containers in:

KGA stands for small dangerous risk waste. You can bring your batteries to almost every supermarket and put them in a container there. If you have medication that’s expired, you can bring it back to the pharmacy.

You need to check out your city calendar waste and see what is being picked up over the month! You can do it via this website: [http://www.limburg.net/afvalkalender](http://www.limburg.net/afvalkalender)
- Select **your city** (gemeente), **your street and number** (straat & nummer) and you will obtain a detailed, personalized calendar.
3. Important vocabulary and translations

Health

<table>
<thead>
<tr>
<th>ENGLISH</th>
<th>DUTCH</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nausea</td>
<td>Misselijkheid</td>
</tr>
<tr>
<td>Vomiting</td>
<td>Braken/overgeven</td>
</tr>
<tr>
<td>Stomach Cramps</td>
<td>Buikkrampen</td>
</tr>
<tr>
<td>Headache</td>
<td>Hoofdpijn</td>
</tr>
<tr>
<td>Heartburn</td>
<td>Maagzuur</td>
</tr>
<tr>
<td>Having a cold</td>
<td>Verkouden zijn</td>
</tr>
<tr>
<td>My “x” hurts</td>
<td>Ik heb pijn aan mijn ‘x’</td>
</tr>
<tr>
<td>I feel dizzy</td>
<td>Ik ben duizelig</td>
</tr>
<tr>
<td>I am looking for medication against “x”</td>
<td>Ik zoek medicatie tegen ‘x’</td>
</tr>
<tr>
<td>Is there a reimbursement on this medication?</td>
<td>Wordt deze medicatie terugbetaald?</td>
</tr>
<tr>
<td>Physiotherapist</td>
<td>Kinesist</td>
</tr>
<tr>
<td>Eye doctor</td>
<td>Oogarts</td>
</tr>
<tr>
<td>Ear specialist</td>
<td>Oorarts</td>
</tr>
<tr>
<td>Dentist</td>
<td>Tandarts</td>
</tr>
</tbody>
</table>

TIP: If you have any medical condition which can cause you trouble during your stay, ask your doctor in your home country for a report of this. Take this report with you when you go to see a doctor. In that way, he will know your medical state and which medication he can (not) prescribe.

Hygiene

<table>
<thead>
<tr>
<th>ENGLISH</th>
<th>DUTCH</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kitchen towel</td>
<td>Keukenhanddoek</td>
</tr>
<tr>
<td>Sponge</td>
<td>Spons</td>
</tr>
<tr>
<td>Dishrag</td>
<td>Vaatdoek</td>
</tr>
<tr>
<td>Dishwashing liquid</td>
<td>Afwasmiddel</td>
</tr>
<tr>
<td>Plastic wrap</td>
<td>Plastiekfolie / huishoudfolie</td>
</tr>
<tr>
<td>Tin foil</td>
<td>Aluminium folie</td>
</tr>
<tr>
<td>Soap</td>
<td>Zeep</td>
</tr>
</tbody>
</table>

TIP: If you are not sure about a cleaning product, ask the attendant in the store for more information. The wrong product can cause stains or burns. Most of the products will have an English explanation on the backside.
SAVING MONEY

1. Introduction

2. Going to the store
   a) A list of basic products
   b) Seasonal fruits and vegetables
   c) Supermarkets in Belgium
   d) Tips and tricks

3. School materials
   a) Re-Book IT
   b) De Slegte
   c) Stubooks.be

4. Buying clothes and other things

5. Going for drinks

6. Eating out
   a) If your budget is 5 euros
   b) If your budget is less than 10 euros
   c) If your budget is less than 15 euros

7. Important vocabulary and translations
1. Introduction

TIP: You might find it easier to open a bank account in Belgium for your whole stay. You can even pre-open your account and receive your code numbers to manage your account before you arrive in Belgium and receive your bank and credit cards when you go to your first appointment with your bank adviser.

The currency unit used in Belgium is the Euro (€). Please note that bank notes of 100, 200 and 500 are hardly accepted. If you have a credit card, you will be able to pay in a selection of upscale stores and offices. Don’t forget to check with your bank at home if you will be able to use your credit card in Belgium because some shops don’t accept all regular cards.

2. Going to the store

Unfortunately, food doesn’t appear magically in your refrigerator. Going to the supermarket can be pretty expensive if you don’t know where to go or what to buy. Some stores are more expensive than others. In the next table, you can find a list of average prices on basic foods and drinks. The prices come from Collect&Go, the online shop of Colruyt. It’s possible that items cost more in other stores, or that they are less expensive. But if you go to a store and they ask double the price than listed below, you know you are paying too much.

This is a basic list of food that you can find in any food store.

a) A list of basic products

<table>
<thead>
<tr>
<th>ENGLISH</th>
<th>DUTCH</th>
<th>PRICE IN EUROS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Water (1 liter)</td>
<td>Water</td>
<td>0,20</td>
</tr>
<tr>
<td>Coca-cola (1 can)</td>
<td>Coca Cola</td>
<td>0,50</td>
</tr>
<tr>
<td>whole milk</td>
<td>Volle melk</td>
<td>0,50</td>
</tr>
<tr>
<td>Semi skimmed milk</td>
<td>Haifvolle melk</td>
<td>0,60</td>
</tr>
<tr>
<td>Skimmed milk</td>
<td>Magere melk</td>
<td>0,50</td>
</tr>
<tr>
<td>Orange juice</td>
<td>Fruitsap</td>
<td>0,70</td>
</tr>
<tr>
<td>1 regular (non artisan) bread</td>
<td>brood</td>
<td>1,20</td>
</tr>
<tr>
<td>potatoes</td>
<td>aardappelen</td>
<td>0,90</td>
</tr>
<tr>
<td>Pasta</td>
<td>Pasta</td>
<td>0,40</td>
</tr>
<tr>
<td>Rice</td>
<td>Rijst</td>
<td>0,50</td>
</tr>
<tr>
<td>Olive oil</td>
<td>Olijfolie</td>
<td>3,00</td>
</tr>
<tr>
<td>Butter to bake or cook</td>
<td>bakboter</td>
<td>1,40</td>
</tr>
<tr>
<td>Butter for bread</td>
<td>Smeerboter</td>
<td>1,50</td>
</tr>
<tr>
<td>Cheese</td>
<td>Kaas</td>
<td>2,00</td>
</tr>
<tr>
<td>Jelly</td>
<td>Confituur</td>
<td>1,00</td>
</tr>
<tr>
<td>Yoghurt with fruit (1kg)</td>
<td>Yoghurt met fruit</td>
<td>1,70</td>
</tr>
<tr>
<td>Cornflakes (750g)</td>
<td>Cornflakes/ontbijtgranen</td>
<td>2,50</td>
</tr>
<tr>
<td>Tomato sauce</td>
<td>tomatensaus</td>
<td>0,60</td>
</tr>
<tr>
<td>Mayonnaise</td>
<td>mayonaise</td>
<td>0,70</td>
</tr>
<tr>
<td>Ketchup</td>
<td>Ketchup</td>
<td>0,70</td>
</tr>
<tr>
<td>Eggs (12 pieces)</td>
<td>Ei</td>
<td>1,30</td>
</tr>
</tbody>
</table>
TIP: The water that comes out of the tap is perfectly suited as drinking water. It may taste less good than water from a bottle, but in most cases it’s even healthier.

b) Seasonal fruits and vegetables

<table>
<thead>
<tr>
<th>Month</th>
<th>Fruits and Vegetables</th>
</tr>
</thead>
<tbody>
<tr>
<td>January</td>
<td>apricot, apple, blueberry, blackberry, grape, melon, peach, orange</td>
</tr>
<tr>
<td>February</td>
<td>pineapple, apple, avocado, banana, lemon, grapefruit, kiwi, tangerine, pear, orange</td>
</tr>
<tr>
<td>March</td>
<td>pineapple, apple, avocado, banana, lemon, grapefruit, orange</td>
</tr>
<tr>
<td>April</td>
<td>pineapple, apple, avocado, banana, lemon, grapefruit, orange</td>
</tr>
<tr>
<td>May</td>
<td>strawberry, pineapple, apple, banana, grapefruit, orange</td>
</tr>
<tr>
<td>June</td>
<td>strawberry, apricot, pineapple, avocado, lemon, cherry, melon, prune, mango, nectarine</td>
</tr>
<tr>
<td>July</td>
<td>strawberry, apricot, blueberry, blackberry, lemon, raspberry, cherry, melon, peach, prune, mango, nectarine</td>
</tr>
<tr>
<td>August</td>
<td>apricot, apple, blueberry, blackberry, grape, melon, peach, prune, mango, nectarine</td>
</tr>
<tr>
<td>September</td>
<td>apple, banana, blackberry, lemon, grape, melon, pear, peach, prune, mango, nectarine</td>
</tr>
<tr>
<td>October</td>
<td>Apple, banana, grape, kiwi, tangerine, pear</td>
</tr>
<tr>
<td>November</td>
<td>pineapple, apple, avocado, banana, lemon, grape, grapefruit, tangerine, pear, orange</td>
</tr>
<tr>
<td>December</td>
<td>pineapple, apple, avocado, banana, lemon, kiwi, tangerine, pear, orange</td>
</tr>
</tbody>
</table>

c) Supermarkets in Belgium

<table>
<thead>
<tr>
<th>Supermarket</th>
<th>Prices</th>
<th>Address</th>
</tr>
</thead>
</table>
| Colruyt     | Low/Average | - Hendrik van Veldekesingel 36, 3500 Hasselt  
|             |        | - Vennestraat 225, 3600 Genk                |
| Lidl        | Low    | - Weg naar As 124, 3600 Genk                
|             |        | - Hasseltweg 24, 3600 Genk                  
|             |        | - Kempische Steenweg 144, 3500 Hasselt      
|             |        | - Sint-Truidersteenweg 470, 3500 Hasselt    |
| Aldi        | Low    | - Steenweg 16a, 3590 Diepenbeek             
|             |        | - Casterstraat 31a, 3500 Hasselt            
|             |        | - Genkersteenweg 76, 3500 Hasselt          
|             |        | - Hasseltweg 74, 3600 Genk                 |
d) Tips and tricks

1. **Go to the supermarket once a week.** Plan on doing this and make enough time for it. Make a grocery list of everything you need. It's an idea to make a menu for the rest of the week! When you use this list, you will only buy what you need and you can plan how to use your budget.

2. **If you buy large packets, most of the time the prices will be more affordable** than if you buy everything in small amounts. If you see the word ‘voordeelpakket’ on the package, it means this is advantageous.

3. Advantageous packages are most of the time too much to consume by one person. **If you have a freezer, you can freeze a part of the package** (if it is meat or vegetables).

4. If you don’t have a freezer but you want to buy advantageous packages, **go shopping with a friend or another student. Split the cost, benefit!**

5. **Be ecological, don’t buy food with lots of plastic package.** Later on, you will have to pay for your garbage bags. They are expensive!

6. It’s not easy to buy and cook a meal for one person. Most of the time you will have an overabundance of food. **You can eat the same meal over two days, or you can cook and dine together with friends.** You can cook simple dinners for €2 per person of you want to.

An example: Making spaghetti with tomato sauce and meat for 4 persons.

<table>
<thead>
<tr>
<th>Ingredients</th>
<th>Price (in euros)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Uncooked pasta (500g)</td>
<td>0,35</td>
</tr>
<tr>
<td>Tomato sauce (1kg)</td>
<td>1,40</td>
</tr>
<tr>
<td>Paprika (2 pieces)</td>
<td>2,00</td>
</tr>
<tr>
<td>Mushrooms (500g)</td>
<td>1,30</td>
</tr>
<tr>
<td>Minced meat (400g)</td>
<td>2,50</td>
</tr>
<tr>
<td>Grated cheese (100g)</td>
<td>1,00</td>
</tr>
<tr>
<td><strong>Total price</strong></td>
<td><strong>8,55</strong></td>
</tr>
</tbody>
</table>

8. **You can have fresh fruits and vegetables if you go to the market.** Hasselt hosts markets on Tuesday and Friday mornings on the Kolonel Dusartplein.

9. **Subscribe for newsletters of the supermarkets you go to.** You will know if there are promotions, special offers,… You can save money if you know the special offers.

10. **Buy drinks and food in glass packages.** You can put the empty package in glass containers for free. A part of the bottles also has ‘statiegeld’ on it. When you buy a bottle in the store, it might cost a little more because you pay a deposit. But when empty, you can return the bottle and get your money back.
3. School materials

Study books, pens,... It can get quite expensive if you don’t know where to go. The previously addresses of the Action, Wibra and Zeeman are shops where you can go for some of the basic school materials you will need. At the beginning of the academic year stores like Aldi and Lidl also have a selection of school materials.

When buying second hand school books, it will be less expensive than new ones. Always look on the announcement boards at your campus. Some students sell their books for good prices. If you can’t find what you need, you can always go to Re-Book IT, De Slegte or Stubooks.

a) Re-Book IT

Re-Book IT is a company ran by students of Hasselt University. They mediate in selling and buying second-hand books from students. You can buy your books here for competitive prices. After your study you can also resell your books and make some money out of it.

For more information:
Address: Visit them in room B111, Campus Diepenbeek. They don’t have opening hours, but will be there most of the days around noon.
Mail: info@rebookit.be
Website: http://www.rebookit.be/home
Facebook: https://www.facebook.com/rebookit

b) De Slegte

De Slegte is a bookshop that buys and sells second-hands study books. Chances are they have the book that you need.

c) Stubooks.be

Stubooks is an online platform where students buy and sell their books second hand. The only disadvantage is that the website is in Dutch.

To make a new account:
1. Click on login and choose ‘Nieuwe gebruiker’, this means ‘new user’.
2. Fill in the form
3. Check the website for books
   - Select ‘select school’ on the home page and click on Universiteit Hasselt
   - Select your study programma
4. If you find a book that you need, click on it to get more information. Most of the time it will be in Dutch. In the lower right corner, you can select ‘mail verkoper’. This way you can contact the seller.
4. Buying clothes and other things

Shops where you can purchase clothes and other things

If you want to buy clothes and other things without having to spend too much money, here are a few stores you can go to:

<table>
<thead>
<tr>
<th>Shop Name</th>
<th>Addresses</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Zeeman</td>
<td>Wijkstraat 35, 3590 Diepenbeek; Maastrichterstraat, 3500 Hasselt; Demerstraat 81, 3500 Hasselt; Hasseltweg 191, 3600 Genk</td>
<td></td>
</tr>
<tr>
<td>Action</td>
<td>Hasseltweg 204, 3600 Genk</td>
<td></td>
</tr>
<tr>
<td>Primark</td>
<td>Haagweg 23, 3500 Hasselt; Sint-Jozefstraat 10, 3500 Hasselt; Sint-Martinusplein, 3600 Genk</td>
<td></td>
</tr>
<tr>
<td>H&amp;M</td>
<td>Demerstraat 11, 3500 Hasselt; Sint-Jozefstraat 10, 3500 Hasselt; Stadsplein 6, 3600 Genk</td>
<td></td>
</tr>
<tr>
<td>Zara</td>
<td>Hoogstraat 17, 3500 Hasselt; Sint-Martinusplein 8, 3600 Genk</td>
<td></td>
</tr>
<tr>
<td>C&amp;A</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Facebook group on second-hand items

If you like second-hand items, you can also have a look at the Facebook group Student buy/sell/donate/exchange – Hasselt:
In this group, students suggest to sell or exchange clothes and objects which they do not need any more and which might be very useful for yourself!
If you are interested in this concept, you can follow this link:
https://www.facebook.com/groups/488405371307229/?fref=ts

5. Going for drinks

If there is one thing that is typical to the Flemish student life, it is going to a café or a bar after class or in the evening. Going for a drink is fun. You can relax and talk with friends about your day or have philosophical conversations till midnight. Even though it’s nice hanging around, it can be pricey as well if you make a habit of it.

Thursday = student night
On Thursday it is student night in Hasselt and Diepenbeek. There are all kinds of activities, parties and special offers. If you are a member of a student society, the society will offer you special entry prices or nice deals on several occasions.
If there is a party, you will probably find information on the information boards of your Campus. Most of the parties are announced with big, screaming posters and flyers.

Jeugduizen
A ‘jeugdhuis’ is a place where youth organizes events and parties, have a café and the prices are low. For example, in Hasselt - Kiewit, there is a jeugdhuis called ‘t Geverke. For a coke, sprite, fanta, ice tea and water you pay € 0,80. Beer costs € 1. You can compare this to a regular café, where you pay at least € 2 for a coke… You can do the math. You can find the ‘jeugdhuizen’ here:

Jeugdhuis ‘t Geverke
Kempischesteenweg 518b, 3500 Hasselt
Opening hours:
Wednesday and Sunday: 20h00 - 23h30
Friday: 20h30 - 02h00
website: http://www.tgeverke.be/
Facebook: https://www.facebook.com/pages/Jeugdhuis-t-Geverke/404854139588625?fref=ts

Jeugdhuis de bem
Kiezelstraat 118b, 3500 Hasselt
Opening hours:
Saturday : 20h30/2.00
Facebook: https://www.facebook.com/pages/Jeugdhuis-De-Bem/322633204459475?pnref=lhc

Jeugdhuis Ginsert
Europalaan 26, 3600 Genk
Opening hours:
Wednesday, Sunday: 17h00 - 23h00
Friday: 20h00-02h00
Saturday: 17h00 - 02h00
More info on:
Facebook: https://www.facebook.com/JHGinsert?fref=ts
6. Eating out

If you don’t feel like cooking, you can always go and eat somewhere else. There are a few places in Hasselt and Diepenbeek where you can have a drink or eat without being broken afterwards.

If your budget is 5 euros:

Make use of the students restaurants! Use your ping ping card to get discount on your meals. You can go to a sandwich bar.

- Lunch corner Mika: Maastrichterstraat 1, 3500 Hasselt
- De Badderij: Badderijstraat 10, 3500 Hasselt
- Happy Burger: Lutselusplein 12, 3590 Diepenbeek
- Traiteur Luc Haenen: Kabergeheidestraat 38, 3590 Diepenbeek
- Panos: Roosterstraat 6 (shopping 2), 3600 Genk
- Panos: Maastrichterstraat 22, 3500 Hasselt

If your budget is less than 10 euros:

You can go to the ‘frituur’ (where you can buy French fries with a snack). This is the Belgian pride, and French fries are actually Belgian. If you want to taste the Belgian food, go to a ‘frituur’!

- ‘t Patatje, Kloosterstraat 5, 3590 Diepenbeek
- Moderne, Marktplein, 3590 Diepenbeek
- Mira, Nieuwstraat 226, 3590 Diepenbeek
- ‘t Fritje, Varkensmarkt 13, 3590 Diepenbeek
- Het Snackske, Steenweg 127, 3590 Diepenbeek
- Fritel Lounge, Kempische Steenweg 103, 3500 Hasselt
- Frituur Ber, Keizerstraat 179, 3500 Hasselt
- Luciano, Sint-Truidenstraat 494, 3500 Hasselt
- Marmiet, Kempische Steenweg 25, 3500 Hasselt
- Fritz en Co, Kolonel Dusartplein 50, 3500 Hasselt

Zuppa, the soup bar in Hasselt, is the place to go if you want a nice bowl of hot soup. You also get a slice of bread and an apple to go: Botermarkt 13, 3500 Hasselt

Fitlink, next to Campus Diepenbeek, has a menu with low prices! Pasta, fries, toast: Agoralaan, 3590 Diepenbeek

You can go for a kebab, pizza and other fast food. There are plenty of addresses you can go in Hasselt, Diepenbeek or Genk.

- SVN Kebab: Badderijstraat 23, 3500 Hasselt
- Kaya Kebab: Genkersteenweg 34, 3500 Hasselt
- Aladin (kebab): Kuringerstraat 6, 3500 Hasselt
- Eataly Pasta: Sint-Jozefstraat 21, 3500 Hasselt
- Venus (pizza, kebab): Ridder Portmansstraat 6, 3500 Hasselt
- Da Francesco (pizza, pasta): Steenweg 54, 3590 Diepenbeek
- Il Fornino (pizza, pasta): Havenlaan 20, 3590 Diepenbeek
- Vero Gusto (pizza, pasta): Nieuwstraat 153/1, 3590 Diepenbeek
If your budget is less than 15 euros:

- **Tasty bowl** is a restaurant with Thai cuisine and Japanese rolls. Most of the dishes cost less than €10! Address: Fruitmarkt 34, 3500 Hasselt.
- **De Witte** is a restaurant with a variety of food. They serve snacks, but also salads, pasta’s and many more. Address: Maastrichterstraat 21, 3500 Hasselt.
- **The Century** is a restaurant with a large menu. Not everything costs less than €15, but you will have many options to choose from. Address: Leopoldplein 1, 3500 Hasselt.
- **Botanique** is a salad and burger bar where you can eat healthy and fresh food. Address: Zuivelmarkt 11, 3500 Hasselt.
- **Demerhof** is a restaurant with a small menu. Address: Stationsstraat 22, 3590 Diepenbeek.
- **Gasthof Lederhose** is an Austrian and Belgian cuisine. Address: Heidestraat 55, 3590 Diepenbeek.
- **De Ploeg** is a restaurant with a variety of food. Address: Steenweg 184, 3590 Diepenbeek.

7. Important vocabulary and translations

**Fruits:**

<table>
<thead>
<tr>
<th>ENGLISH</th>
<th>DUTCH</th>
<th>ENGLISH</th>
<th>DUTCH</th>
</tr>
</thead>
<tbody>
<tr>
<td>Strawberry</td>
<td>Aardbei</td>
<td>Pineapple</td>
<td>Ananas</td>
</tr>
<tr>
<td>Prune</td>
<td>Pruim</td>
<td>Apple</td>
<td>Appel</td>
</tr>
<tr>
<td>Apricot</td>
<td>Abrikoos</td>
<td>Avocado</td>
<td>Avocado</td>
</tr>
<tr>
<td>Cherry</td>
<td>Kers</td>
<td>Banana</td>
<td>Banaan</td>
</tr>
<tr>
<td>Melon</td>
<td>Meloen</td>
<td>Lemon</td>
<td>Citroen</td>
</tr>
<tr>
<td>Nectarine</td>
<td>Nectarine</td>
<td>Grapefruit</td>
<td>Pompelmoes</td>
</tr>
<tr>
<td>Blueberry</td>
<td>Bosbes</td>
<td>Kiwi</td>
<td>Kiwi</td>
</tr>
<tr>
<td>Blackberry</td>
<td>Braambe</td>
<td>Tangerine</td>
<td>Mandarijn</td>
</tr>
<tr>
<td>Raspberry</td>
<td>Framboos</td>
<td>Pear</td>
<td>Peer</td>
</tr>
<tr>
<td>Grape</td>
<td>Druif</td>
<td>Orange</td>
<td>Appelsien</td>
</tr>
<tr>
<td>Mango</td>
<td>Mango</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Vegetables:**

<table>
<thead>
<tr>
<th>ENGLISH</th>
<th>DUTCH</th>
<th>ENGLISH</th>
<th>DUTCH</th>
</tr>
</thead>
<tbody>
<tr>
<td>Potato</td>
<td>Aardappel</td>
<td>Carrot</td>
<td>Wortel</td>
</tr>
<tr>
<td>Mushroom</td>
<td>Champignon</td>
<td>Brussel sprout</td>
<td>Spruitjes</td>
</tr>
<tr>
<td>Pumpkin</td>
<td>Pompoen</td>
<td>Green celery</td>
<td>Groene selder</td>
</tr>
<tr>
<td>Spinach</td>
<td>Spinazie</td>
<td>Asperges</td>
<td>Asperges</td>
</tr>
<tr>
<td>Lettuce</td>
<td>Kropsla</td>
<td>Tomato</td>
<td>Tomaat</td>
</tr>
<tr>
<td>Cucumber</td>
<td>Komkommer</td>
<td>Eggplant</td>
<td>Aubergine</td>
</tr>
</tbody>
</table>
LEISURE, CULTURE, NATURE

1. Culture
   a) Cultuurcentrum Hasselt
   b) Z33
   c) Muziekodroom
   d) Kunstencentrum BELGIE
   e) Museums

2. Leisure
   a) Sports
   b) Going out

3. Nature
   a) Park
   b) Japanese Garden
   c) Domein Bokrijk
   d) Domein Kiewit
1. Culture

Even though you’re here for your studies, everyone needs to relax every once in a while. You need to explore the Belgian culture, the things you can do. There are lots of possibilities, the following list is just the tip of the iceberg. If you want more information, you can go to the Tourist Office.

Toerisme Diepenbeek — Gemeentebestuur Diepenbeek, Dorpsstraat 14, 3590 Diepenbeek
Toerisme Hasselt — Maastrichterstraat 59, 3500 Hasselt
Website: http://toerisme.hasselt.be/en/content/3899/toerisme-hasselt.html
UiT in Genk — Europalaan 34, 3600 Genk
Website: http://www.uiingenk.be/content/uig_content/record.php?ID=3292&LANG=EN

a) Cultuurcentrum Hasselt

Cultuurcentrum Hasselt (CCHA) is a place in Hasselt for dance, theatre, performance, comedy and much more. As a student of Hasselt University you will have a reduction of 50% if you show your student card while buying your ticket.
Address: Kunstlaan 5, 3500 Hasselt
Website: www.ccha.be
The website is in Dutch. If you want to look in their programme for their shows, these translations might help:

<table>
<thead>
<tr>
<th>ENGLISH</th>
<th>DUTCH</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dance</td>
<td>Dans</td>
</tr>
<tr>
<td>Theatre &amp; literature</td>
<td>Theater &amp; literatuur</td>
</tr>
<tr>
<td>Family performance (for kids and parents)</td>
<td>Familie</td>
</tr>
<tr>
<td>Classical music</td>
<td>Klassieke muziek</td>
</tr>
<tr>
<td>Opera</td>
<td>Opera</td>
</tr>
<tr>
<td>Concerts</td>
<td>Concerten</td>
</tr>
<tr>
<td>Cabaret &amp; comedy</td>
<td>Cabaret &amp; comedy</td>
</tr>
<tr>
<td>Circus &amp; musical</td>
<td>Circus &amp; musical</td>
</tr>
<tr>
<td>Exploration</td>
<td>Exploratie</td>
</tr>
<tr>
<td>Art education</td>
<td>Kunsteducatie</td>
</tr>
<tr>
<td>Projects &amp; festivals</td>
<td>Projecten &amp; festivals</td>
</tr>
</tbody>
</table>

b) Z33

Z33 is an arts centre in Hasselt. They have all kind of exhibitions and projects. Some of them are for free. Most of the time, as a student you pay € 5 to see a movie and with a European Youth Card, you only pay € 3.
Address: Zuivelmarkt 33, 3500 Hasselt
Website: http://www.z33.be/en

b) Z33

Z33 is an arts centre in Hasselt. They have all kind of exhibitions and projects. Some of them are for free. Most of the time, as a student you pay € 5 to see a movie and with a European Youth Card, you only pay € 3.
Address: Zuivelmarkt 33, 3500 Hasselt
Website: http://www.z33.be/en

C) Muziekodroom

Muziekodroom (MOD) is a music centre where you can play music, with concerts and parties.
Address: Bootstraat 9, 3500 Hasselt
Website: www.muziekodroom.be
The agenda: www.muziekodroom.be/concerten/
d) Kunstencentrum BELGIE
Kunstencentrum BELGIE profiles itself as an international arts centre with a young, diverse and challenging program of cultural activities. Ranging from dance, theatre and music concerts to video, film, exhibitions and performances, kunstencentrum BELGIE captures an international artistic dynamic and functions as an ideal transit zone for new talent.
A membership costs € 5 for a year, but you will have lots of reductions for every event.
Address: Burgemeester Bollenstraat 54, 3500 Hasselt
Website: http://www.kunstencentrumbelgie.com/index.html

e) Museums

Jenevermuseum
Everything about Belgian jenever. Jenever is also typical to Hasselt. The jenever festival takes place once a year. There you can taste jenever and enjoy the Flemish hospitality. Address: Witte Nonnenstraat 19, 3500 Hasselt
Website: http://www.jenevermuseum.be/en

Modemuseum
A museum about fashion and the world of fashion. It has temporarily exhibitions and collections to show different aspects of fashion.
Address: Gasthuisstraat 11, 3500 Hasselt
Website: http://www.modemuseumhasselt.be/

Het stadsmus
Het stadsmus is a museum about the history of the city of Hasselt. They also have different exhibitions.
Address: Guido Gezellestraat 2, 3500 Hasselt
Website: http://www.literairmuseum.be/

Literair museum
A museum about literature, books and reading.
Address: Bampselaan 35, 3500 Hasselt
Website: http://www.literairmuseum.be/

De Beiaardtoren
This tower is special to Hasselt, because when you are on top, you will have a magnificent view over Hasselt. You can learn everything about the carillon of Hasselt.
Address: Vismarkt Hasselt (It's the cathedral.)
Website: http://toerisme.hasselt.be/nl/content/1527/beiaardtoren.html
2. Leisure

a) Sports

**Swimming**
Hasselt: You can check the opening times of the pool via this link: http://www.hasselt.be/nl/organisation/76/zwembaden.html
Address: Elfde Liniestraat 21, 3500 Hasselt
Genk
Address: E. Van Dorenlaan 144, 3600 Genk
When entering the swimming pool you won't have any entrance fee with a sports card (see chapter 1)!

**Climbing**
You can go climbing with a discount from your sports card: it will only cost € 3.5. You need to get your ticket in advance from student services or sport office (studentenvoorzieningen of sportdienst) of your campus. Make sure you bring your student and sports card to the student services (studentenvoorzieningen) and to the wall climbing. If you can’t show a valid sports card, you can’t enter.
Address: Olympia Hasselt, Kuringersteenweg 242, 3500 Hasselt

**Ice skating**
This ice skating area is open from September till May. Entrance fee is € 1 if you get your ticket in advance from the student services or sport office (studentenvoorzieningen of sportdienst) of your campus. Make sure you bring your student card to the student administration and to the wall climbing. If you can’t show a valid sports card, you can’t enter.
Address: De Schaverdijn, Gouverneur Verwilghensingel 13, 3500 Hasselt

**Running**
Studentensport Limburg organises start-2-(campus) run. Every Monday and Thursday students gather at the Fitlink for these trainings.
If you want to go for a run by yourself, there is a running track in Hasselt and Diepenbeek.
**Diepenbeek:** Stationsstraat w/n, 3590 Diepenbeek
**Hasselt:** Elfde Liniestraat (Kapermolenpark), 3500 Hasselt

**Bowling**
**Diepenbeek:** Ginderoverstraat 7, 3590 Diepenbeek

b) Going out
Students love to party, it’s part of their culture. There are a few possibilities in Hasselt and Diepenbeek to discover the true meaning of being a student.

**Places to hang out**

**Versuz**
Versuz is a club in Hasselt. On Thursday evenings you can head to this nightclub and let off some steam. They will hit you with an amazing mix of genres, introducing you to the latest club tracks. This is the place to be to meet music lovers and party animals. Make sure you follow the appropriate dress code!
Address: Gouverneur Verwilghensingel 70, 3500 Hasselt
Website: [http://www.versuz.be/](http://www.versuz.be/)
Kolonel Dusartplein
In Hasselt, at the Dusartsquare, there are lots of cafés and bars. Most of these cafés turn into dance cafés on Friday night.

Belgian bars
Belgium is famous for its beer! We have more than 400 different kind of beers. Probably it's too much to try them all, but if you have a curiosity for these beers, you can visit the following bars:

Hemelrijk
Hemel means heaven in Dutch, and that is what this place is. It's a heaven for people who would like to try new beers and have a nice time.

Bierpunt
Bierpunt is a new concept in Limburg. You can find this bar in Hasselt, Diepenbeek and Genk. They have more than only Belgian beers, and student friendly prices!
Address: Zuivelmarkt 29, 3500 Hasselt
Marktplein 5, 3590 Diepenbeek
Stationsstraat 1, 3600 Genk

3. Nature

When you need to get away from the city, or you want to reconnect with Mother Nature, there are some places in Hasselt and Diepenbeek you can go to.

Parks
In Hasselt there are two parks where you can go to relax.

Kapermolenpark
This park is the official public park of Hasselt. This park has a huge skate park, a running track, a playground and a pool (not for swimming). You can go for a walk and in the summer the Flemish youth gathers in this park to relax, have a drink and play music.
Address: Elfde-Liniestraat, 3500 Hasselt

City park
Close to the Cultuurcentrum of Hasselt, Kunstlaan, there is another park. This one is smaller than Kapermolenpark, but still a beautiful park to relax in the summer.
Address: Kunstlaan, 3500 Hasselt
Japanese Garden
The Japanese Garden was a present of Itami (in Japan) to Hasselt, to seal the close cooperation between the countries. This garden is similar to the ones you would see in Japan and is really worth a visit.
Address: Koning Boudewijnlaan, 3500 Hasselt

Bokrijk
Bokrijk is a beautiful place with nature, leisure and culture. First of all it has a beautiful park where you can go for a walk. It has a forest, a large garden and the domein itself is worth wandering.
It also has an open-air museum. The Open-air Museum brings the past to life. More than 100 authentic buildings with contents, interpreters in period costume and craftsmen will bring the past to you and show you how things were done a century ago in the rural Flanders communities of The Kempen, Haspengouw and East and West Flanders. On some days they bring the history back to life by interpreters, people from today who take on the part of a character.
This, and much more, you can find in Bokrijk.
Address: Bokrijklaan 1, 3600 Genk
Website: http://www.bokrijk.be/nl

Domein of Kiewit
Domein of Kiewit is a wonderful piece of nature. Not only to take a walk, but also to enjoy nature. This domein also houses a large number of Galloway cows who walk freely over the place. There is a children's farm, where you can visit all kind of farm animals.
Address: Putvennestraat 112, 3500 Hasselt
USEFUL LINKS

Accommodation:
- University database: http://www.uhasselt.be/Accommodation
- studho: http://www.studho.be/

Public Transports:
- Bikes: https://citybike.uhasselt.be/citybike/
- Taxi cabs: http://www.hasseltse-taxi.com/

Insurance

Health & Hygiene
- Doctors in Diepenbeek: http://www.goudengids.be/dokters-huisartsen/diepenbeek/
- apotheek-van-wacht (pharmacy opened on Sat-Sun and night): http://www.apotheek.be/apotheker/apotheek-van-wacht
- City calendar waste: http://www.limburg.net/afvalkalender

Saving Money
- Rebook it: http://www.rebookit.be/home
- Stubooks.be: http://stubooks.stumarkt.be/
- Collect&Go Colruyt: http://www.collectandgo.be/cogo/nl/home
- jeugdhuis: http://www.tgeverke.be/

Leisure, Culture, Nature
- Swimming pool in Hasselt: http://www.hasselt.be/nl/organisation/76/zwembaden.html
- Versuz: http://www.versuz.be/
- Bokrijk: http://www.bokrijk.be/nl